

# Scientific Teaching

**TDSB Eureka Conference 2017**

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**[www.meyercreations.com/physics](http://www.meyercreations.com/physics)**



**A**

**PHYSICIST**

# Cocktail Party

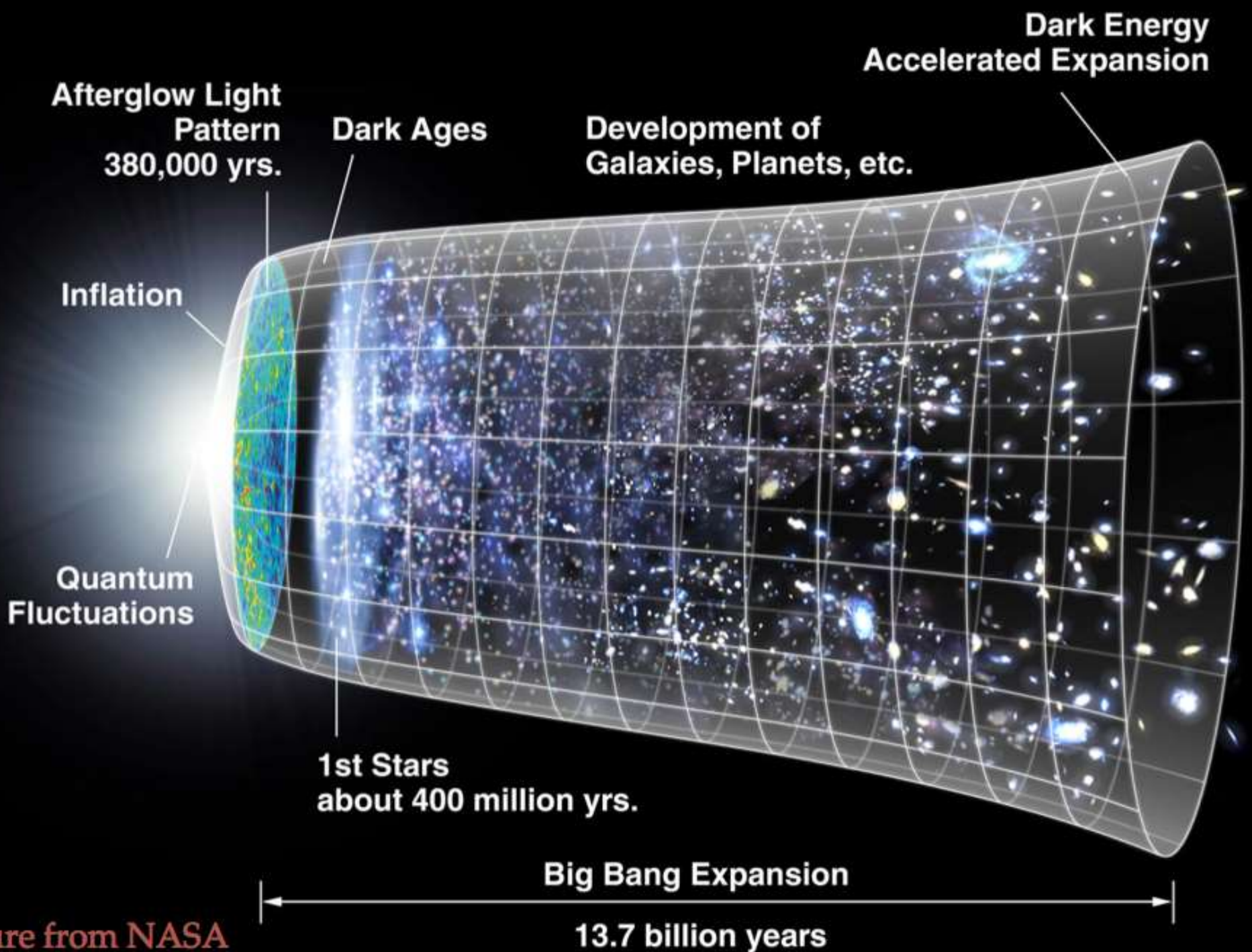
Wow,  
physics, eh?  
Hated it.  
My worst  
subject.

Oh, I liked  
physics in  
school.  
But I did  
very badly.



















DATABASE SERVERS

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CERN  
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Enabling Grids  
for E-science

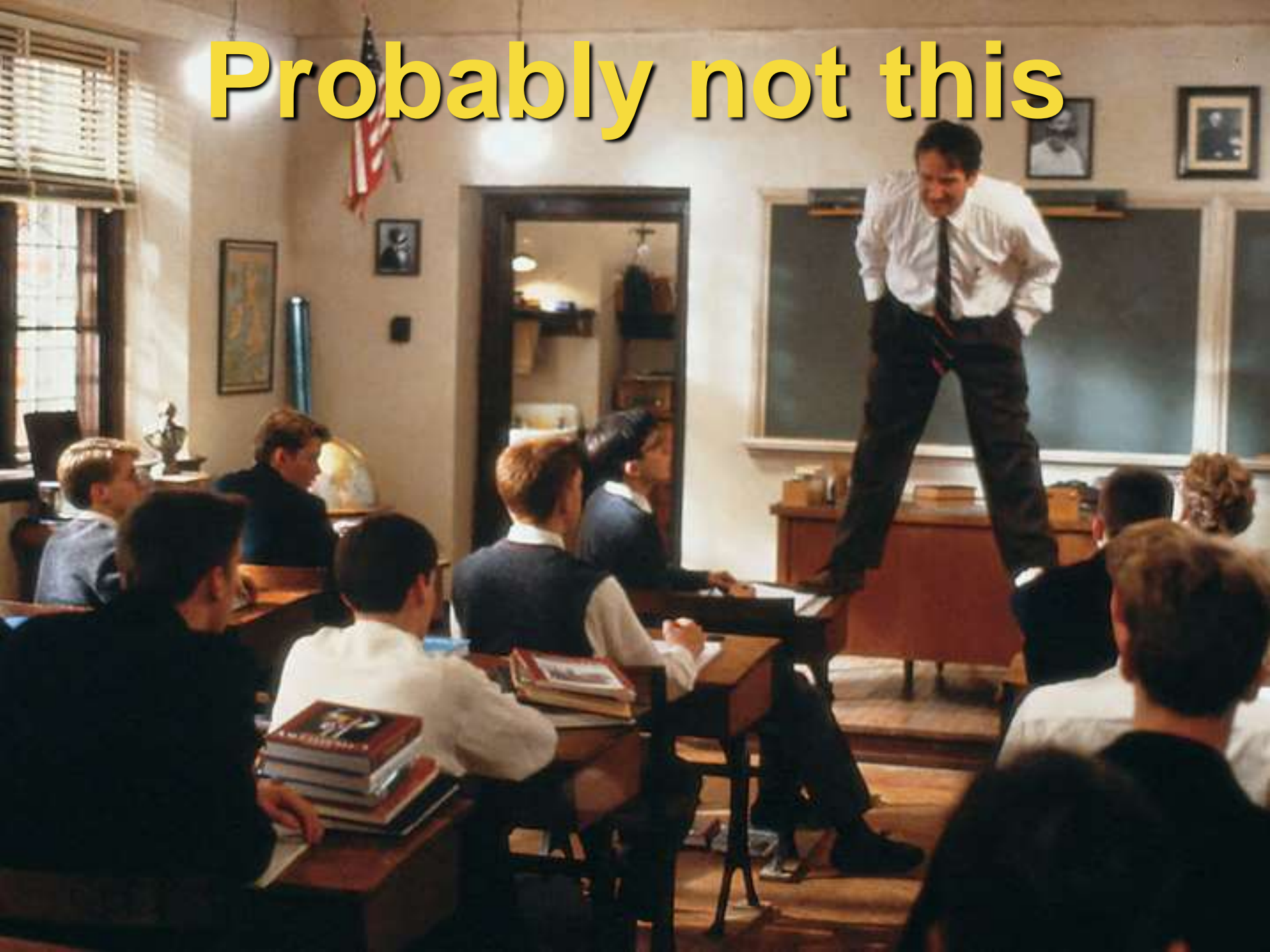
Processing data in a distributed environment  
Processing data in a distributed environment





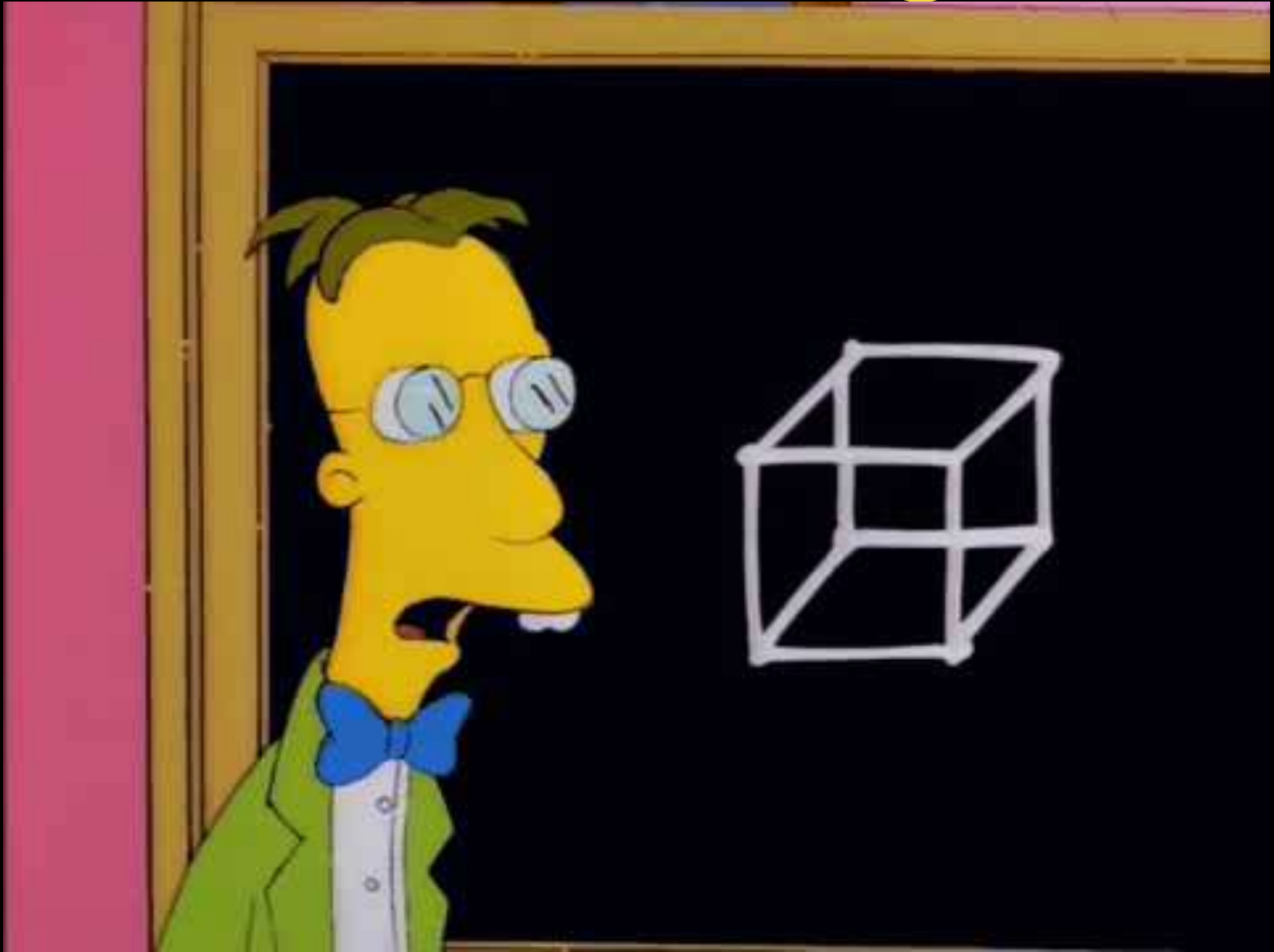
**What about  
teaching?**

Probably not this





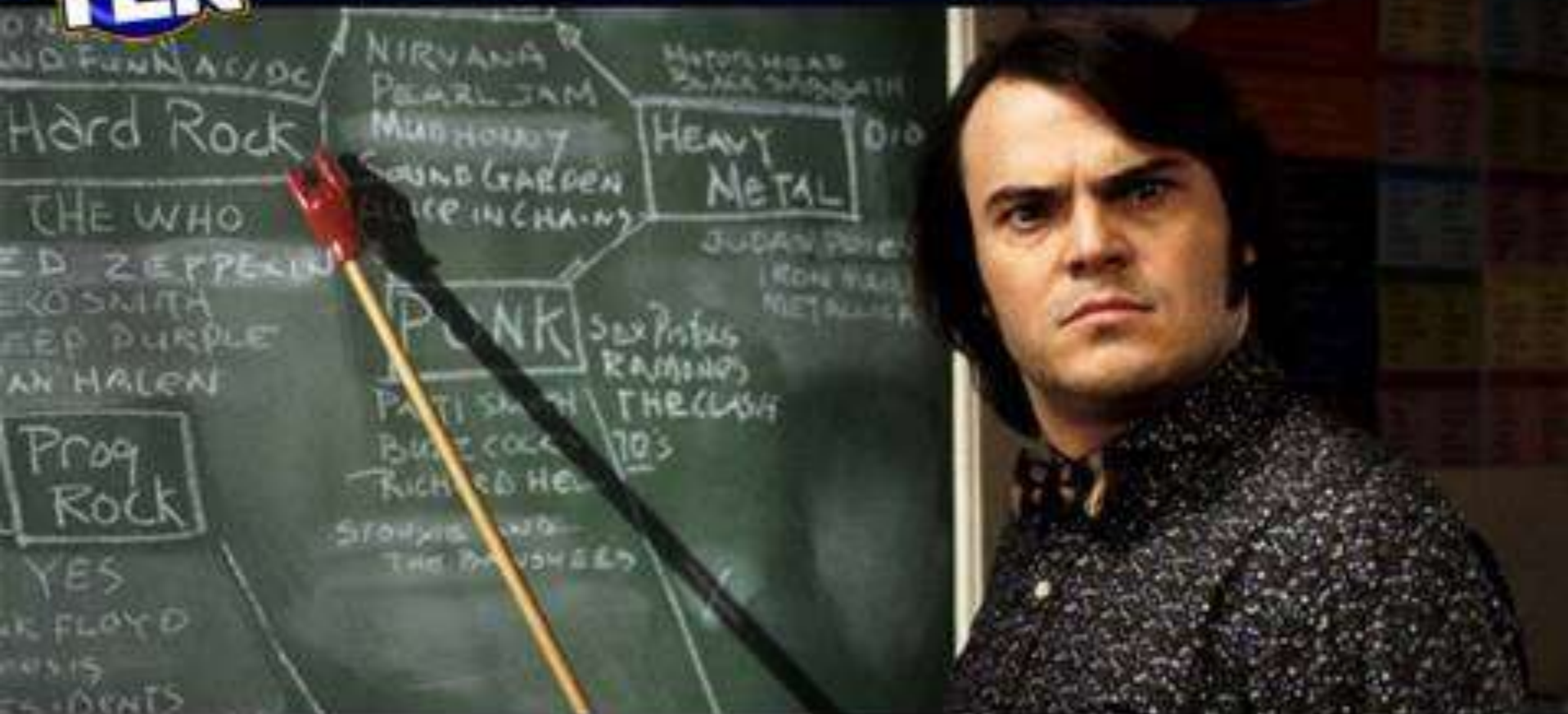
**You're thinking this**



# But we think this!

HOLLYWOOD'S  
**TOP  
TEN**

## TEACHERS OF THE YEAR





A hand is shown holding a crystal ball. The crystal ball is split vertically: the left half is clear and reflects a landscape with a house, trees, and a fence; the right half is covered in a dense, dark, fibrous material. The background is a blurred green field.

# Force Concept Inventory

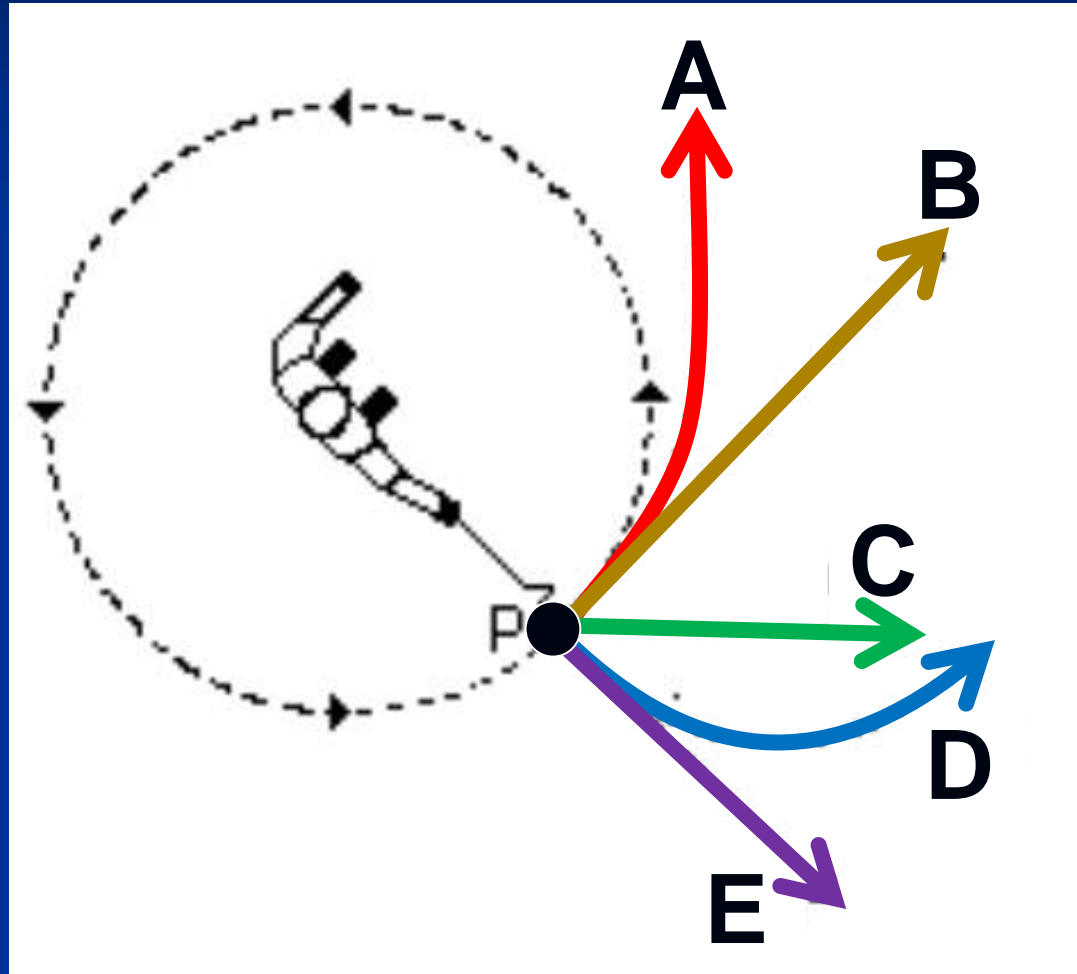
# Force Concept Inventory

1:00  
Stop

A ball on a string is swung in a horizontal circle.

At point P, the string breaks.

Which path would the ball most closely follow, observed from above?



Hestenes, D., Wells, M., & Swackhamer, G. (1992). Force concept inventory. *The physics teacher*, 30(3), 141-158.

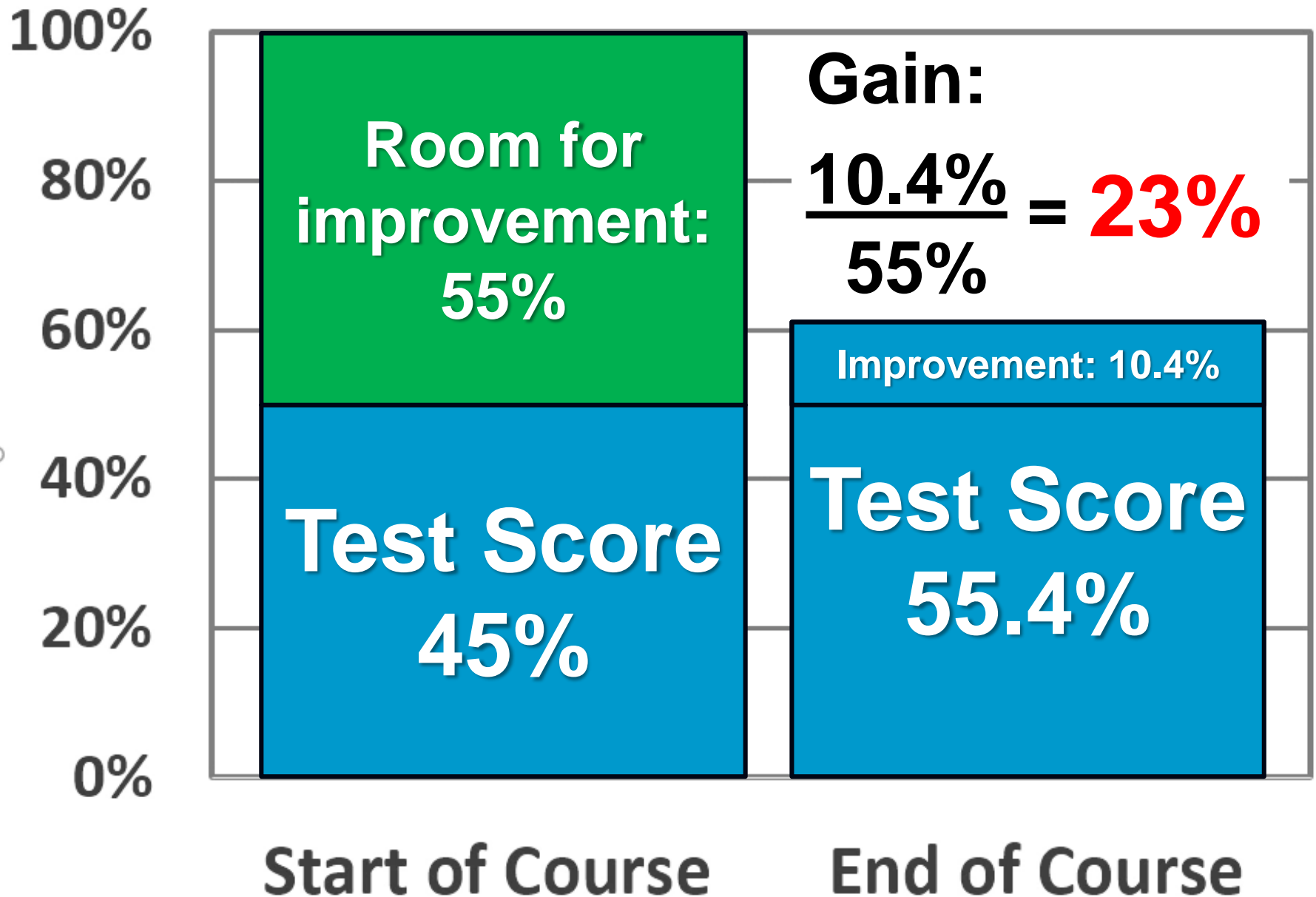




**Way too  
easy!  
Harrumph!**

**Crusty old physics guy**

# Force Concept Inventory Scores

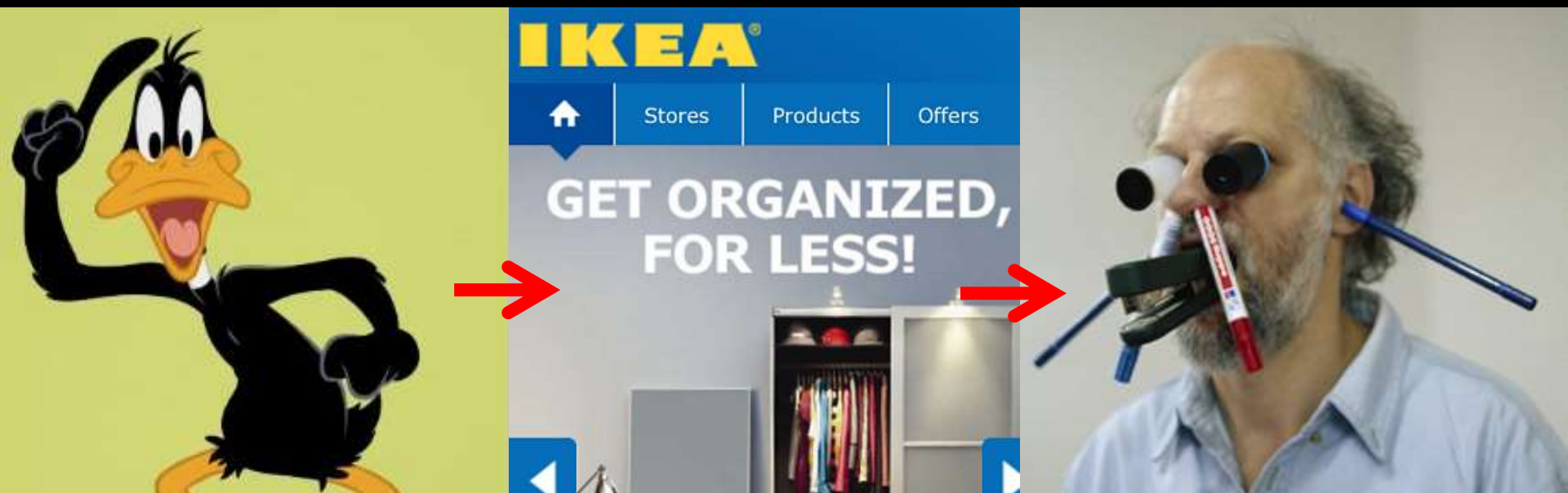


Even with our best teachers: **23%**





# Even with our best lessons...

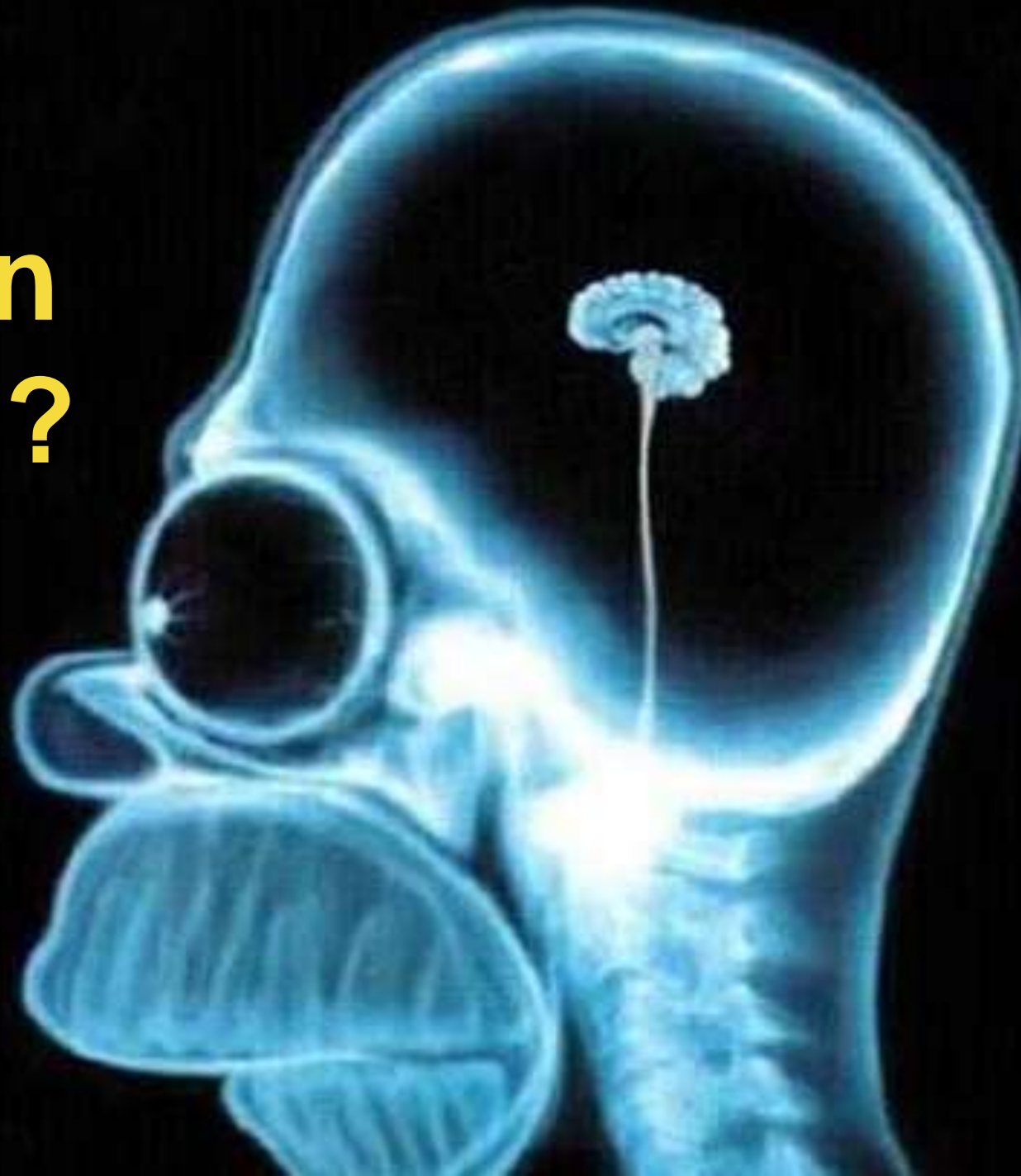


**23%**





**What's  
going on  
upstairs?**







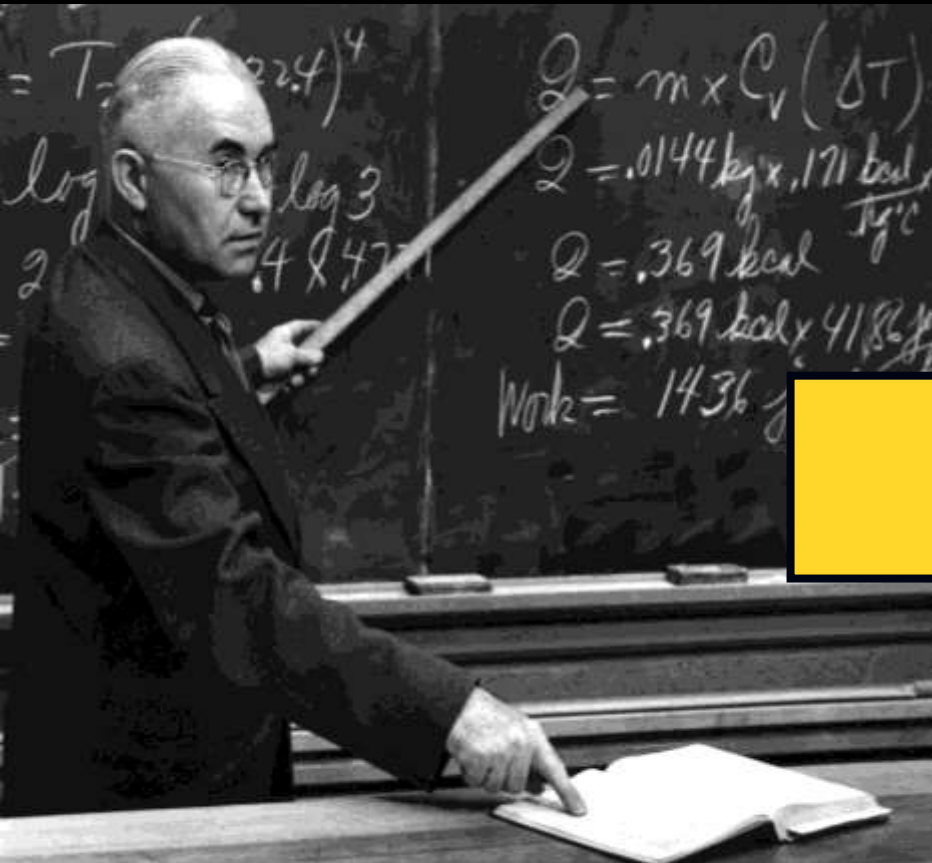
# Scientific Revolution for Learning

*A Philosopher giving a Lecture on the Orrery in which a lamp is put in place of the Sun,  
Joseph Wright of Derby, 1766*

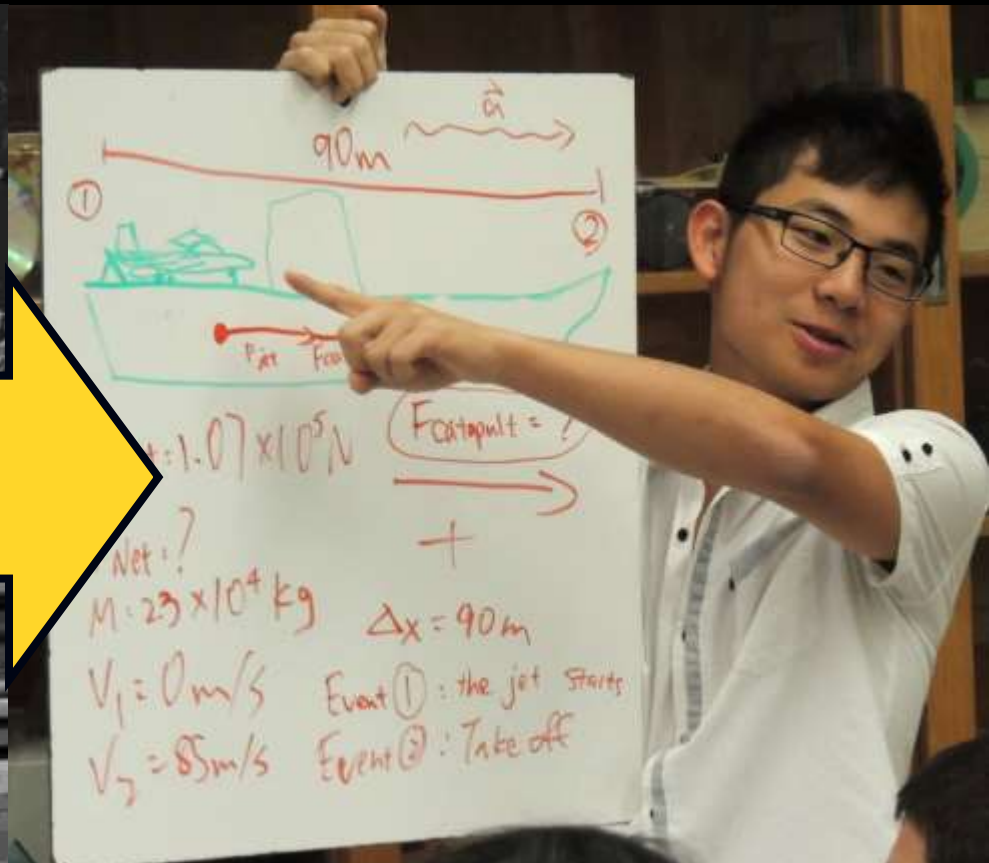
# 30 Year Journey

How to teach physics better?

How to help humans learn?



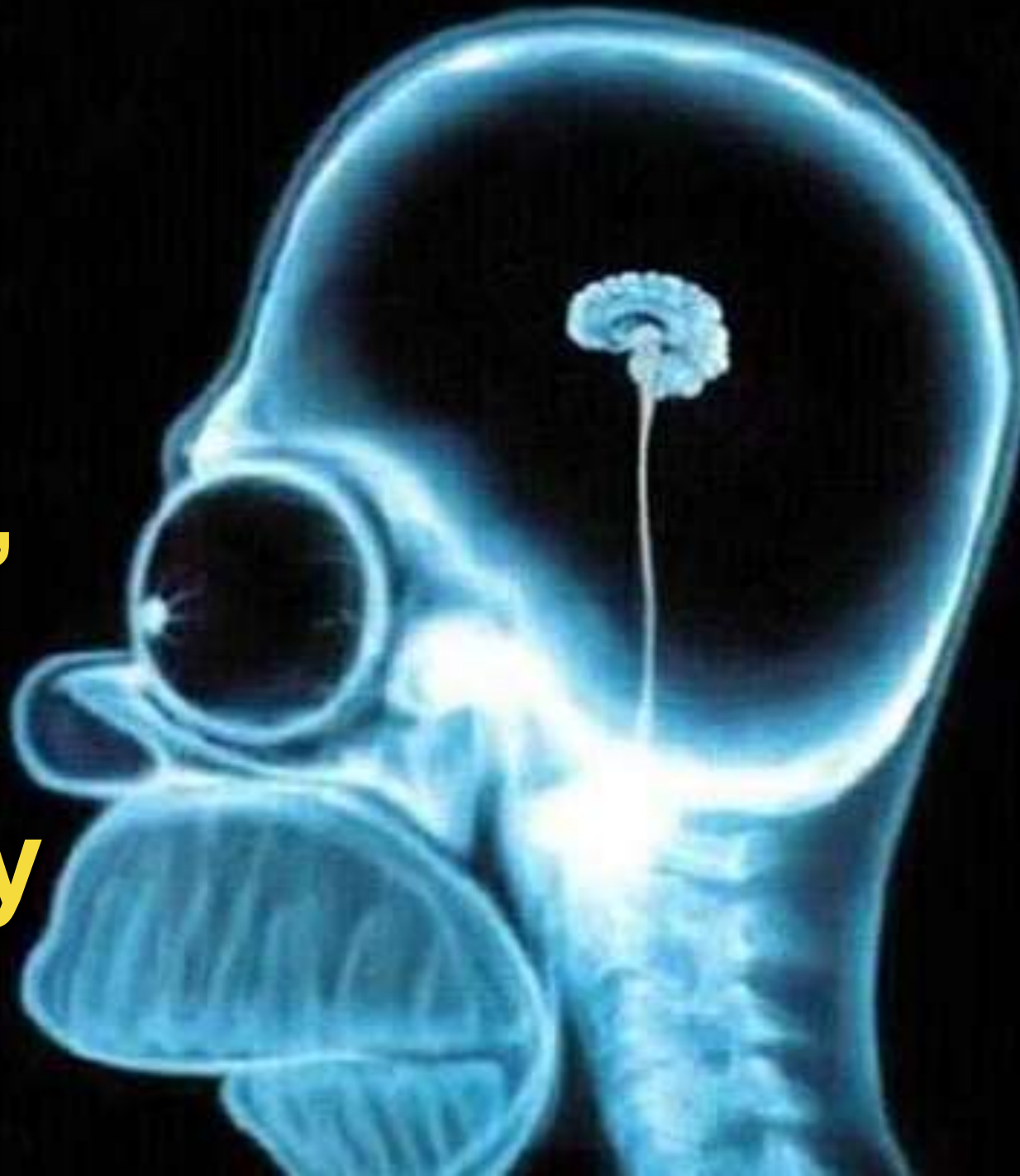
Another crusty old physics guy



York Mills student



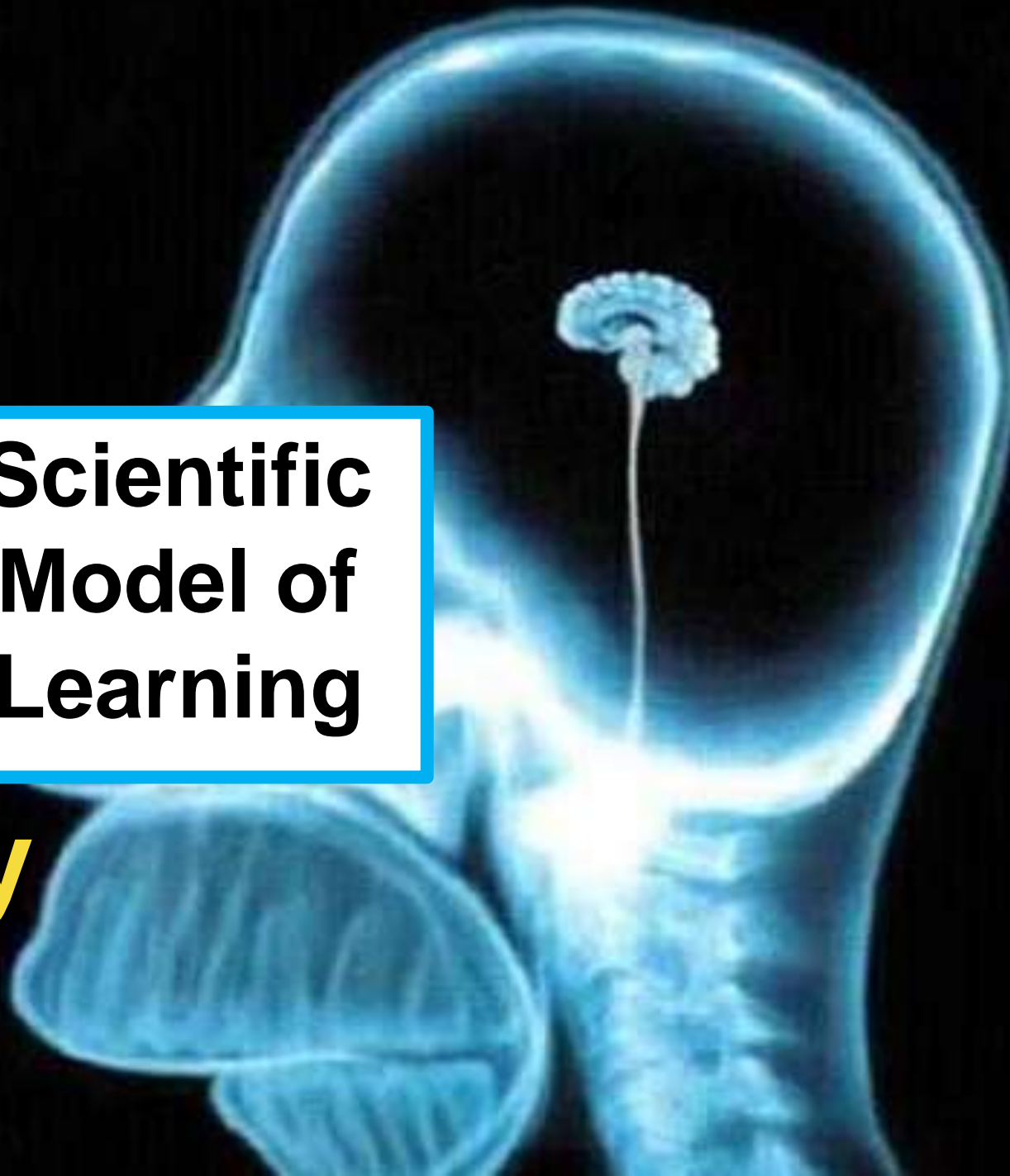
**What  
happens  
in  
students'  
brains  
when they  
learn?**





**What  
happens  
in  
students  
brains  
when they  
learn?**

**Scientific  
Model of  
Learning**



**Medicine is extremely complex**





# Teaching is extremely complex







I am doing my job:  
**teaching**

Ane

**Pedagogical Fads**

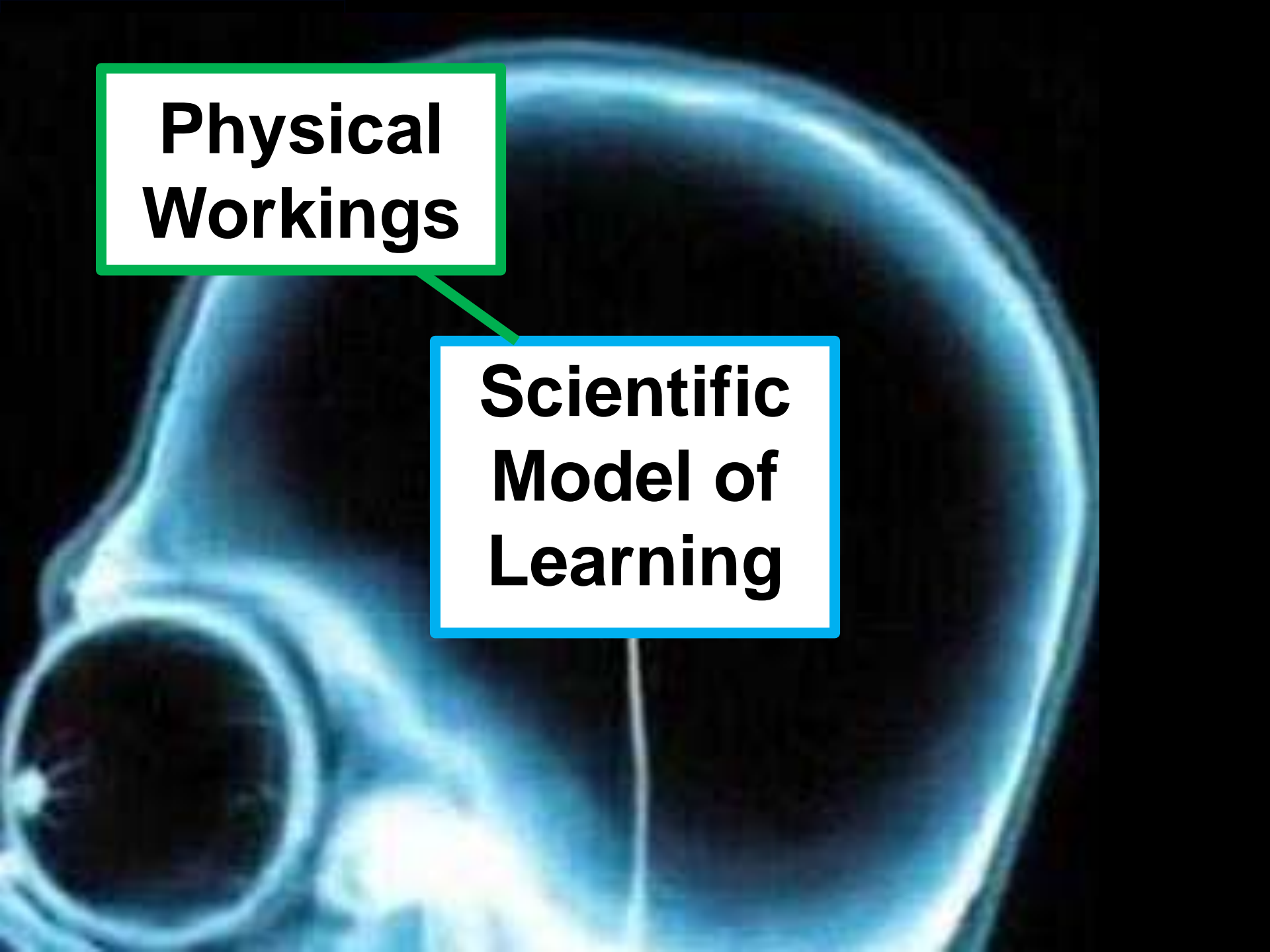
es

**Illicit  
Substances**



PX-47  
ANTIDOTE

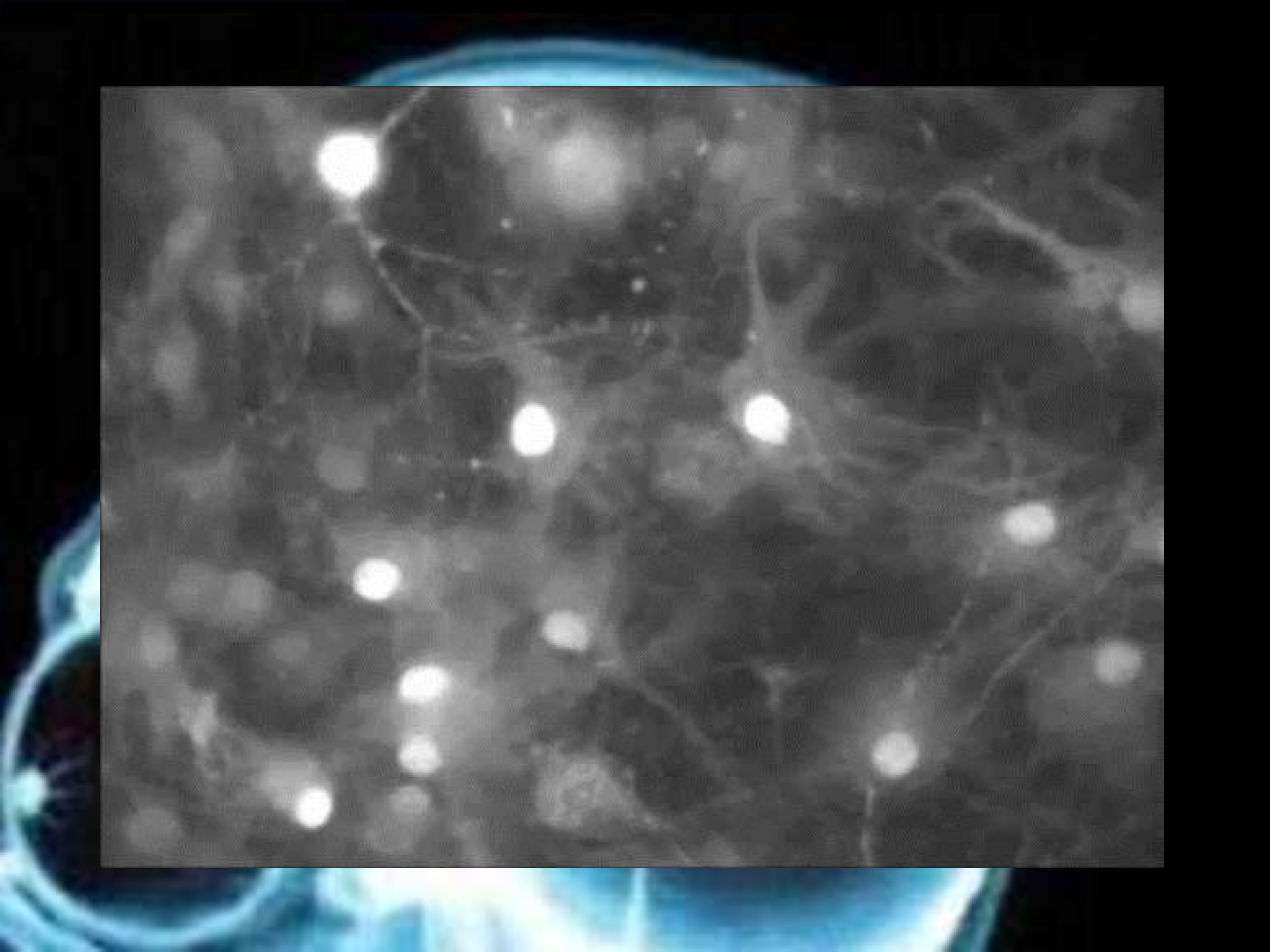
Scientific Teaching



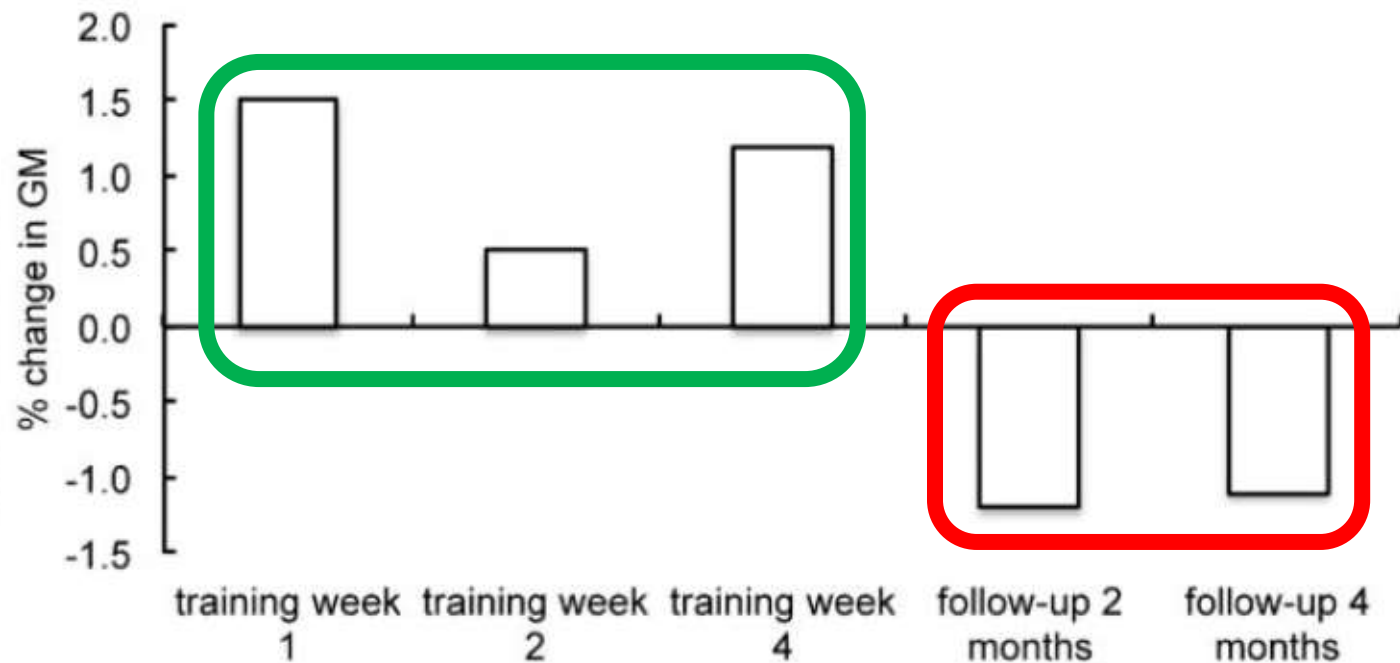
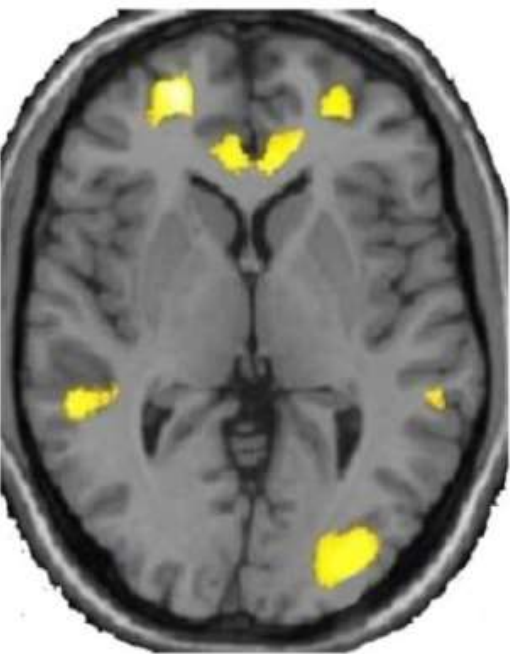
**Physical  
Workings**

**Scientific  
Model of  
Learning**



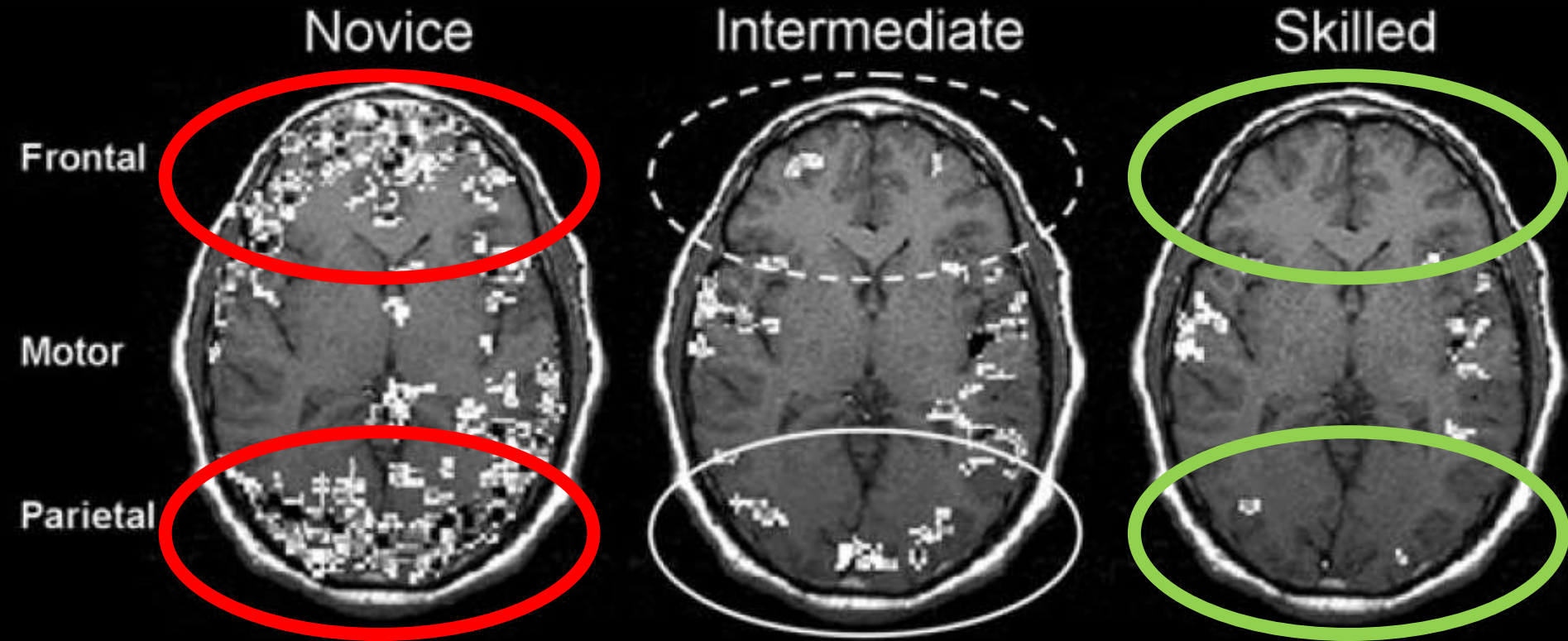


# Learning is a Physical Process



Zatorre, R. J., Fields, R. D., & Johansen-Berg, H. (2012). Plasticity in gray and white: neuroimaging changes in brain structure during learning. *Nature neuroscience*, 15(4), 528-536.

# Brain Workload



Learning something new is  
**energy intensive = tiring**

Ericsson, K. Anders, et al., eds. *The Cambridge handbook of expertise and expert performance*. Cambridge University Press, 2006.



# Implications for Teaching

## Learning

- neurons making connections
- feels tiring, confusing!

## Practice

- neurons reinforcing connections
- takes time, begins to feel easier!

## Disuse

- connections weaken, forgetting!

# Random Toddler from the Internet



# From Babies to General Relativity

$$g_{11} = \frac{r^2 + a^2 \cos^2 \theta}{r^2 + a^2 + Q^2 - 2mr}$$

$$g_{22} = r^2 + a^2 \cos^2 \theta$$

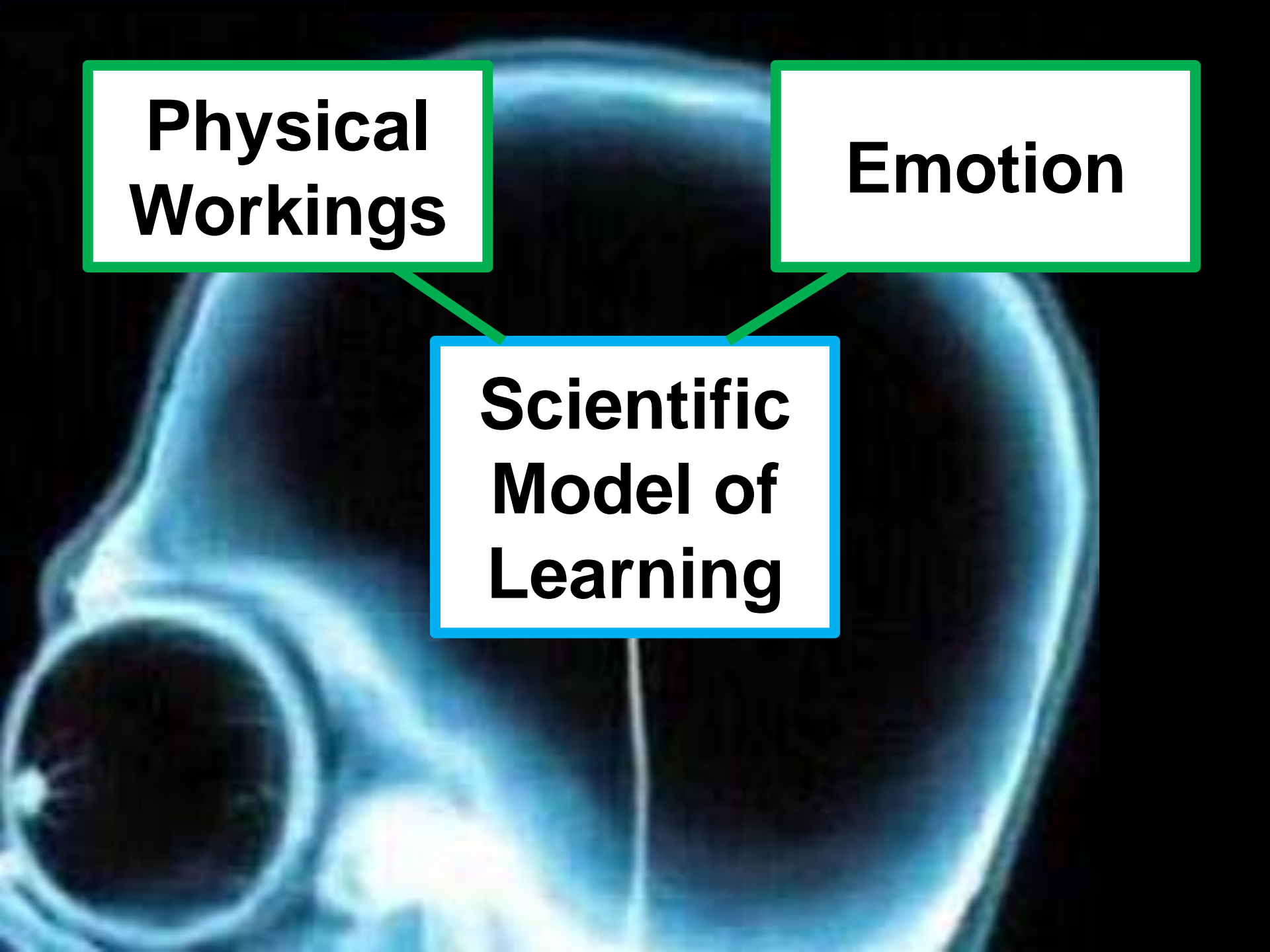
$$g_{33} = \left[ r^2 + a^2 - \frac{a^2(Q^2 - 2mr) \sin^2 \theta}{r^2 + a^2 \cos^2 \theta} \right] \sin^2 \theta$$

$$g_{34} = g_{43} = \frac{a(Q^2 - 2mr) \sin^2 \theta}{r^2 + a^2 \cos^2 \theta}$$

$$g_{44} = - \left( 1 + \frac{Q^2 - 2mr}{r^2 + a^2 \cos^2 \theta} \right).$$

The blackhole “Gargantua” from the movie *Interstellar*



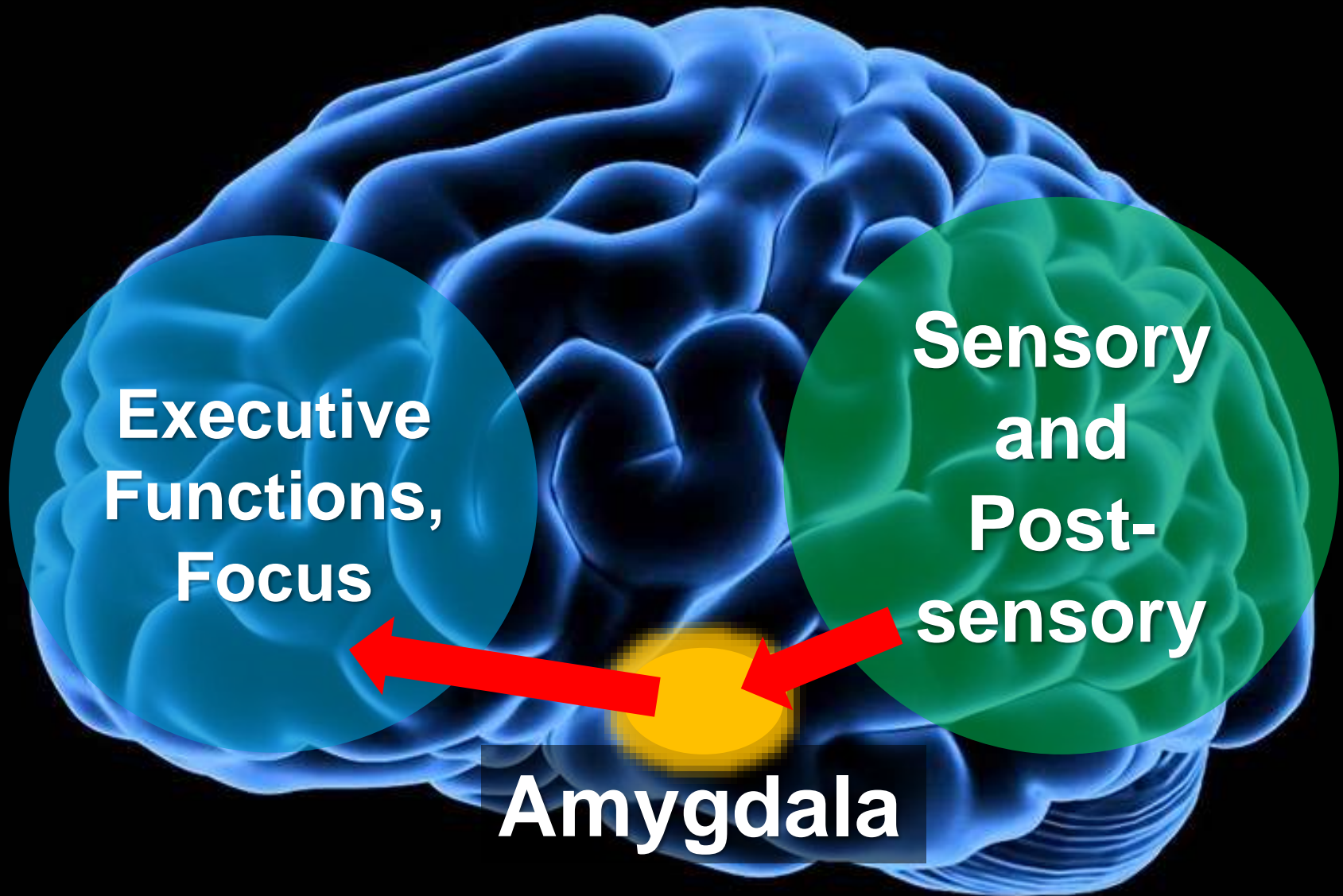


**Physical  
Workings**

**Emotion**

**Scientific  
Model of  
Learning**

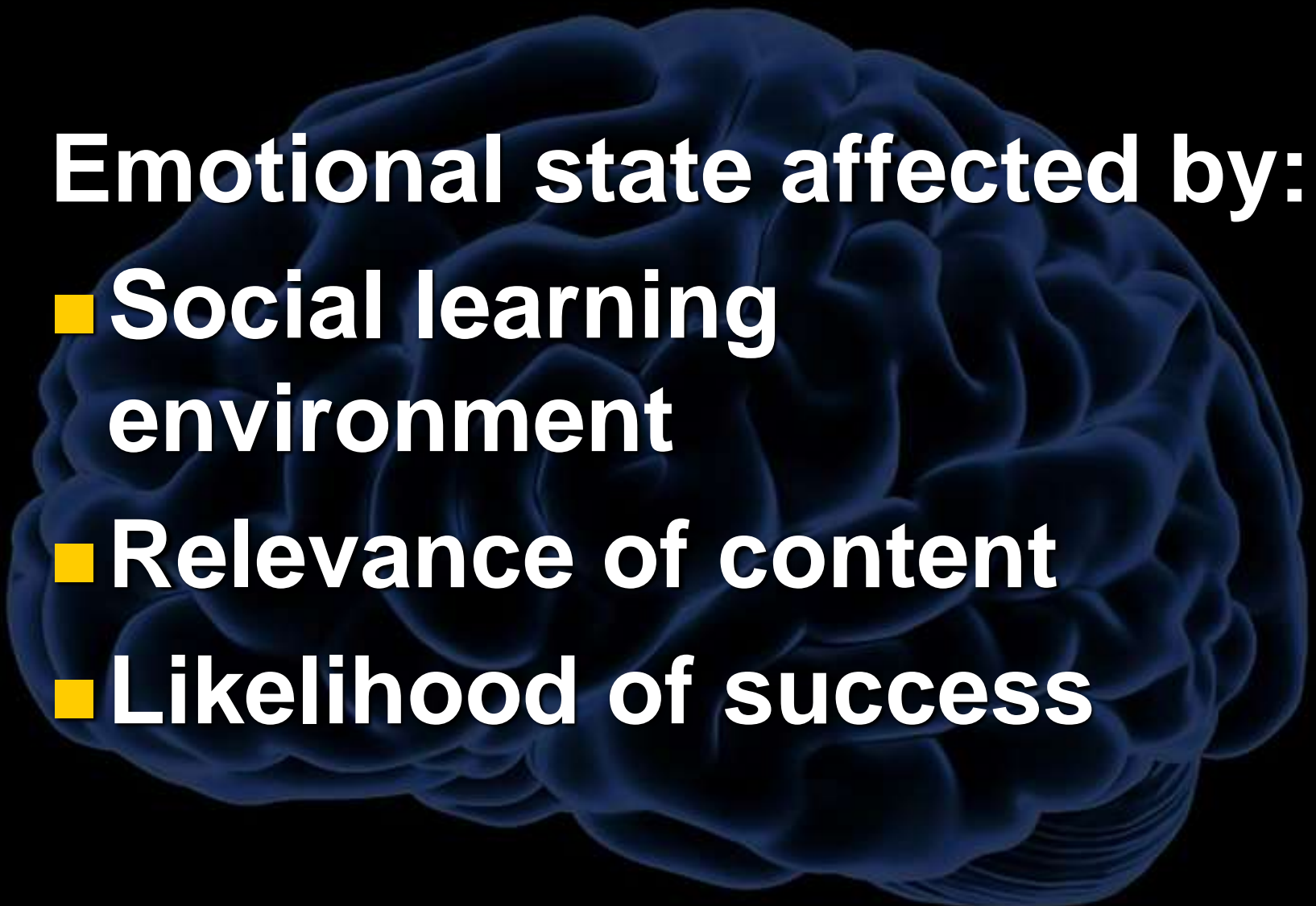
# Emotions and the Brain



# Emotions and the Brain

Emotional state affected by:

- Social learning environment
- Relevance of content
- Likelihood of success

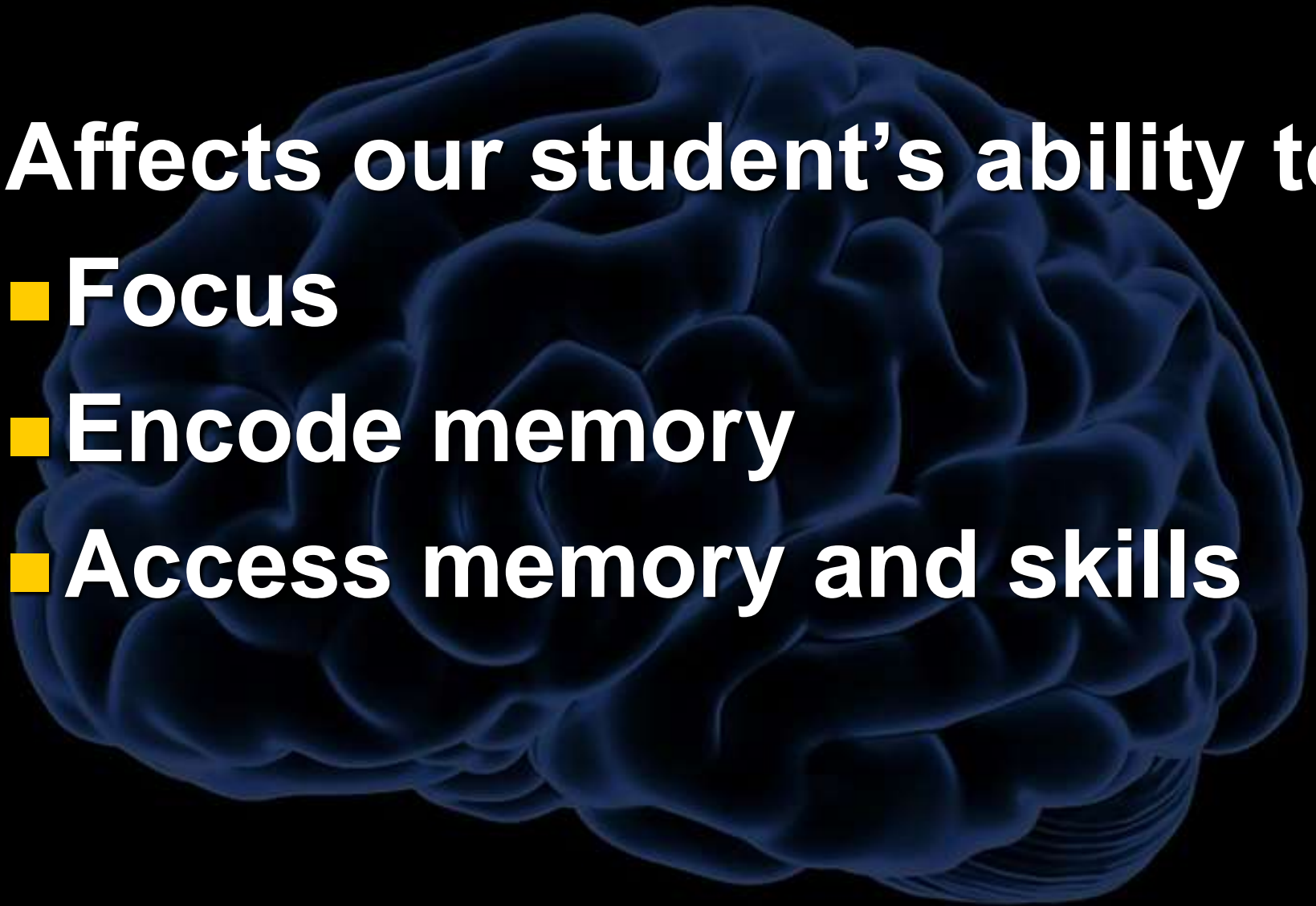




# Emotions and the Brain

**Affects our student's ability to:**

- **Focus**
- **Encode memory**
- **Access memory and skills**



# Quick Question!

$$(9 \times 5) - 17 = ?$$

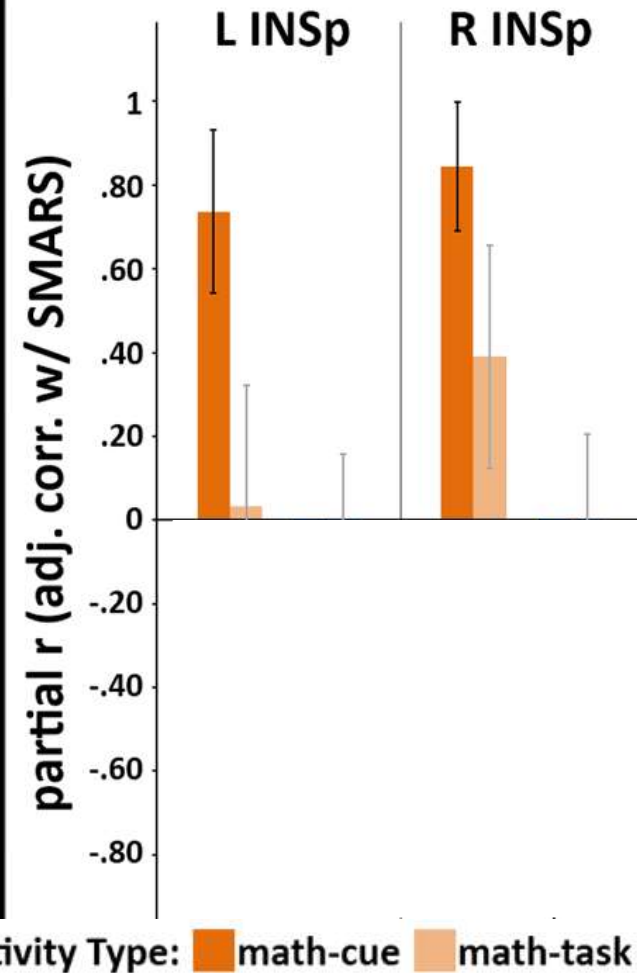
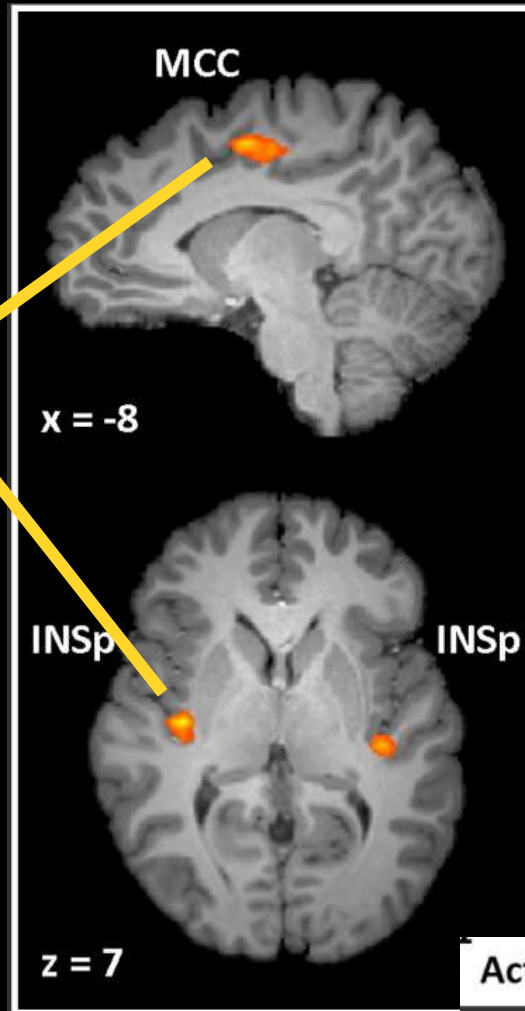
# Anxiety!





# Anxiety!

Activation of brain regions associated with **physical pain perception** is strongest when **anticipating** a math task.



Lyons, I. M., & Beilock, S. L. (2012). When math hurts: math anxiety predicts pain network activation in anticipation of doing math. PloS one, 7(10), e48076

Teaching is extremely complex



# Implications for Teaching

**Nothing succeeds like  
success!**

- **Avoid: “This will be on the exam”**
- **Monitor student’s emotional states and feelings of success**









# Learning Check-Up

How was your learning today?

**A:** I'm confident about what I learned. I can explain it well to my neighbours.

**B:** I'm pretty good with what I learned. I'm OK at explaining it.

**C:** I'm not too sure about what I learned. It would be tough to explain it!

**D:** I think I had difficulties with some of what I learned. I am not yet able to explain it.

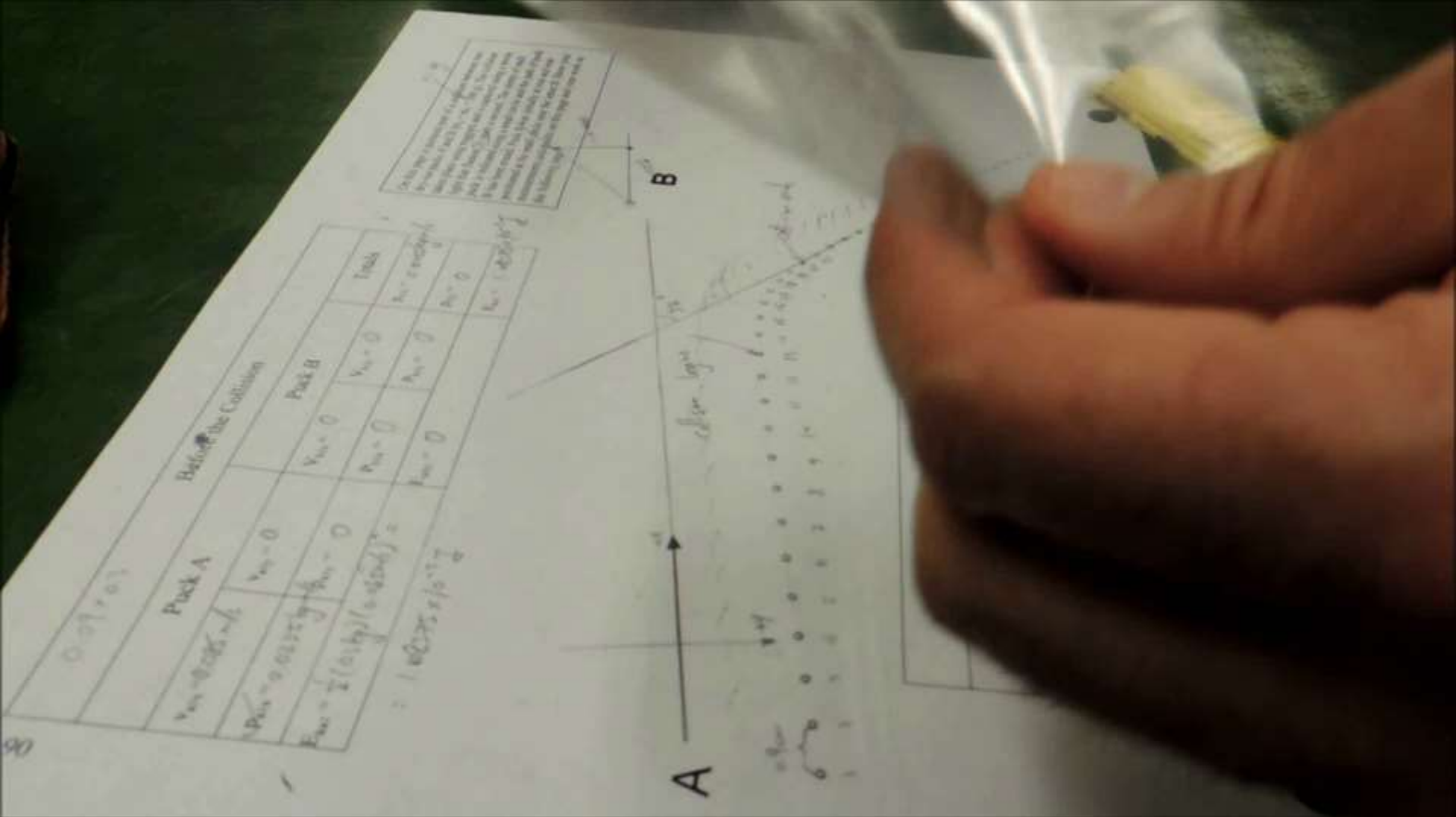


# Implications for Teaching

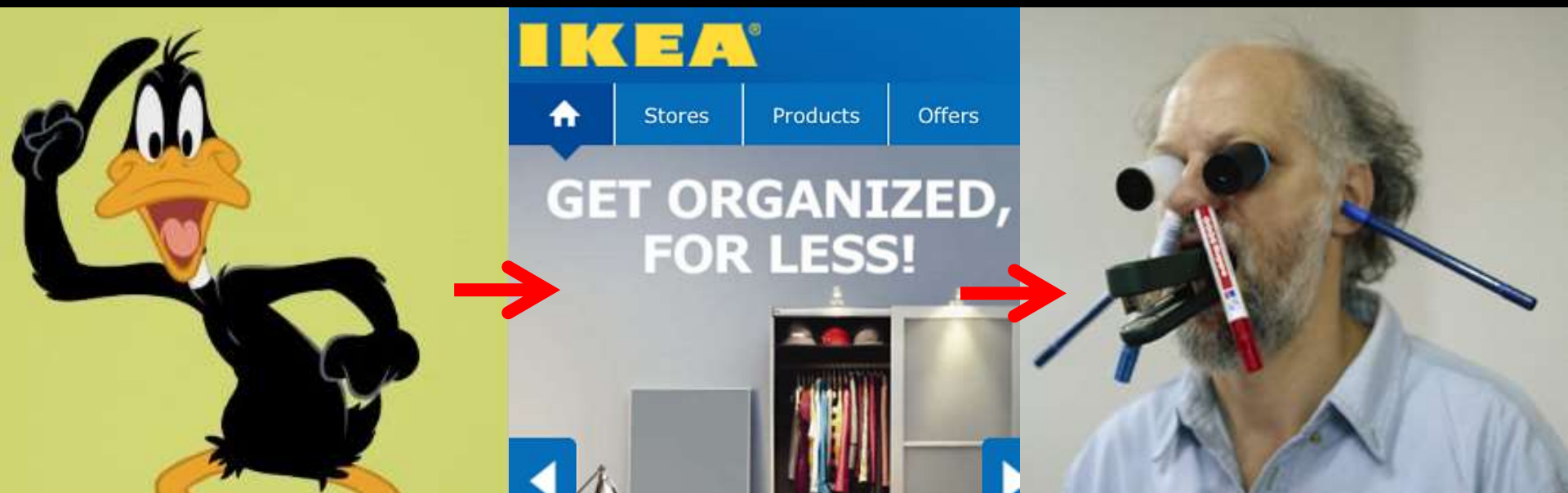
Nothing succeeds like  
success!

- Avoid: “This will be on the exam”
- Monitor student’s emotional states and feelings of success
- Allow **students** to discover they are successful

# Make Testable Predictions!

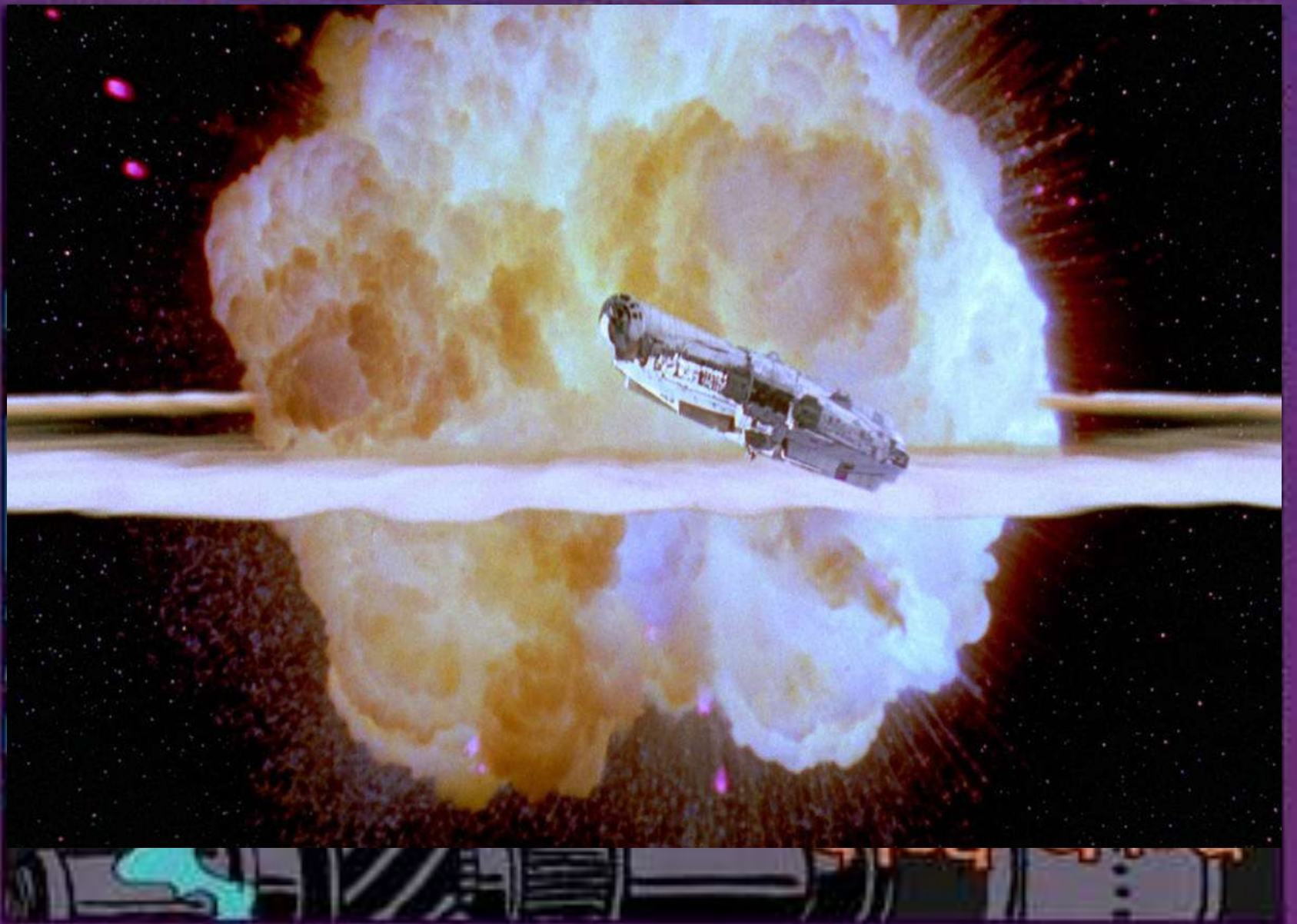


# Even with our best lessons...





# Traditional Learning Model



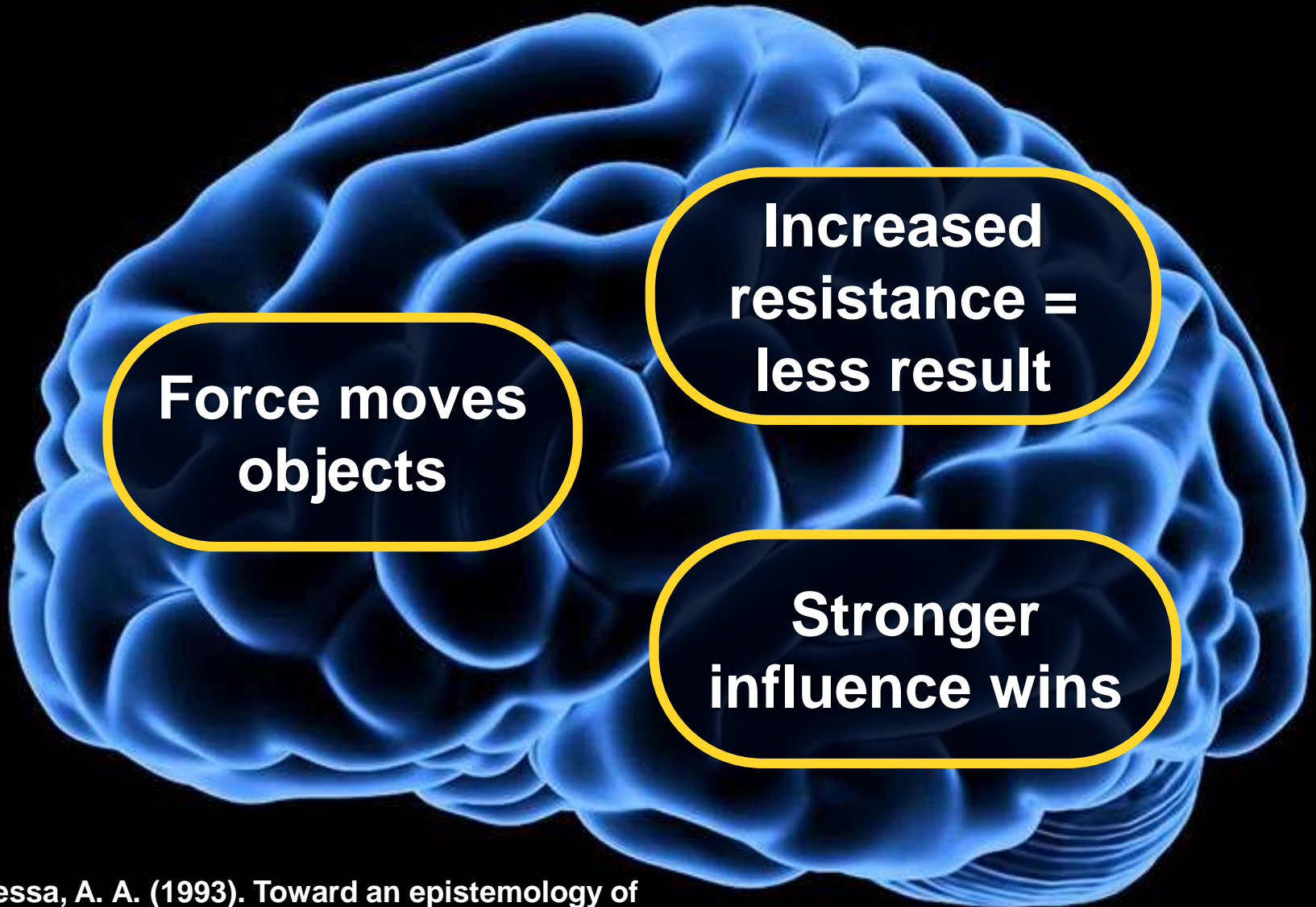
# Scientific Learning Model



DiSessa, A. A. (1993). Toward an epistemology of physics. *Cognition and instruction*, 10(2-3), 105-225.



# Knowledge is built from primitive pieces



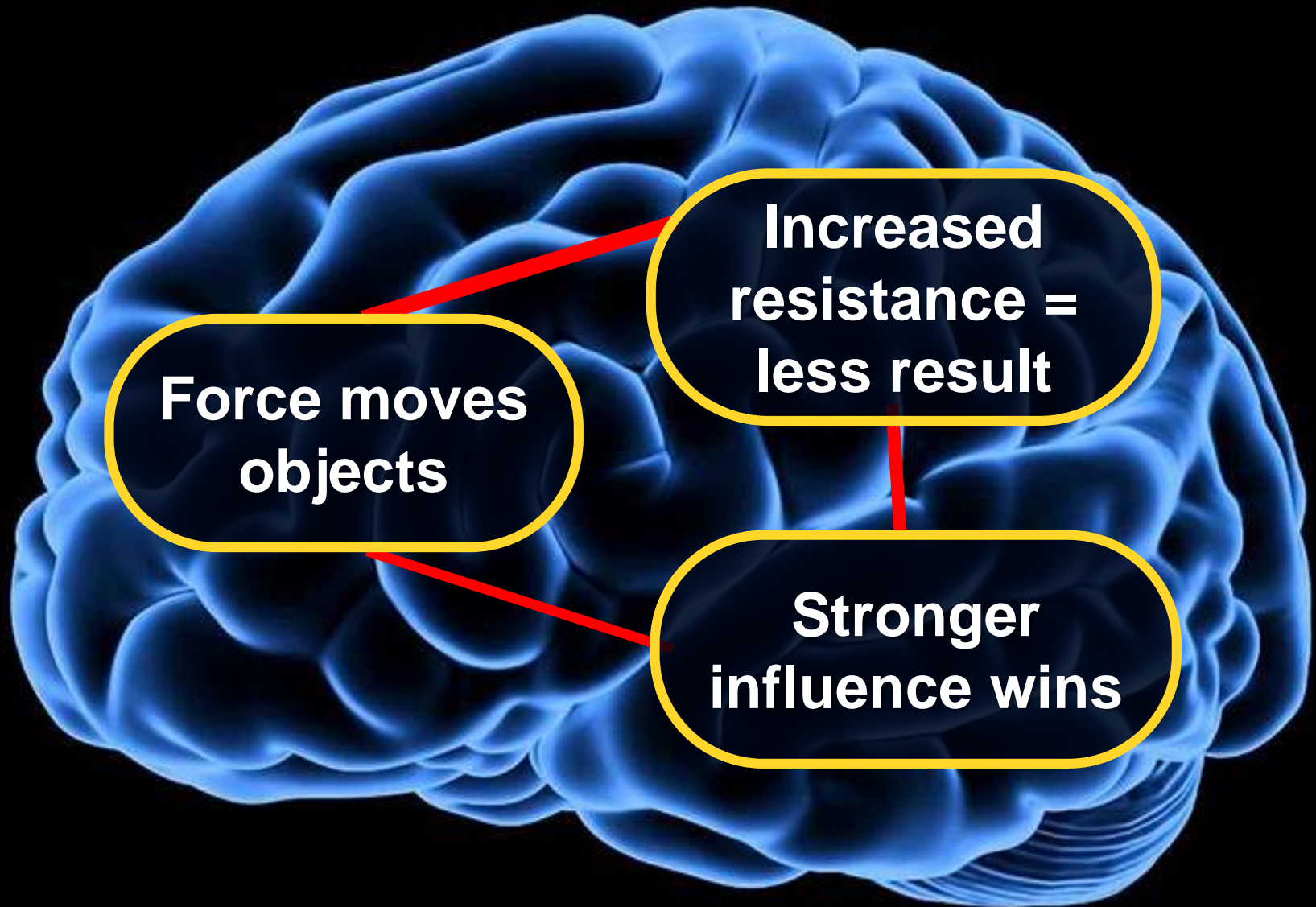
**Force moves  
objects**

**Increased  
resistance =  
less result**

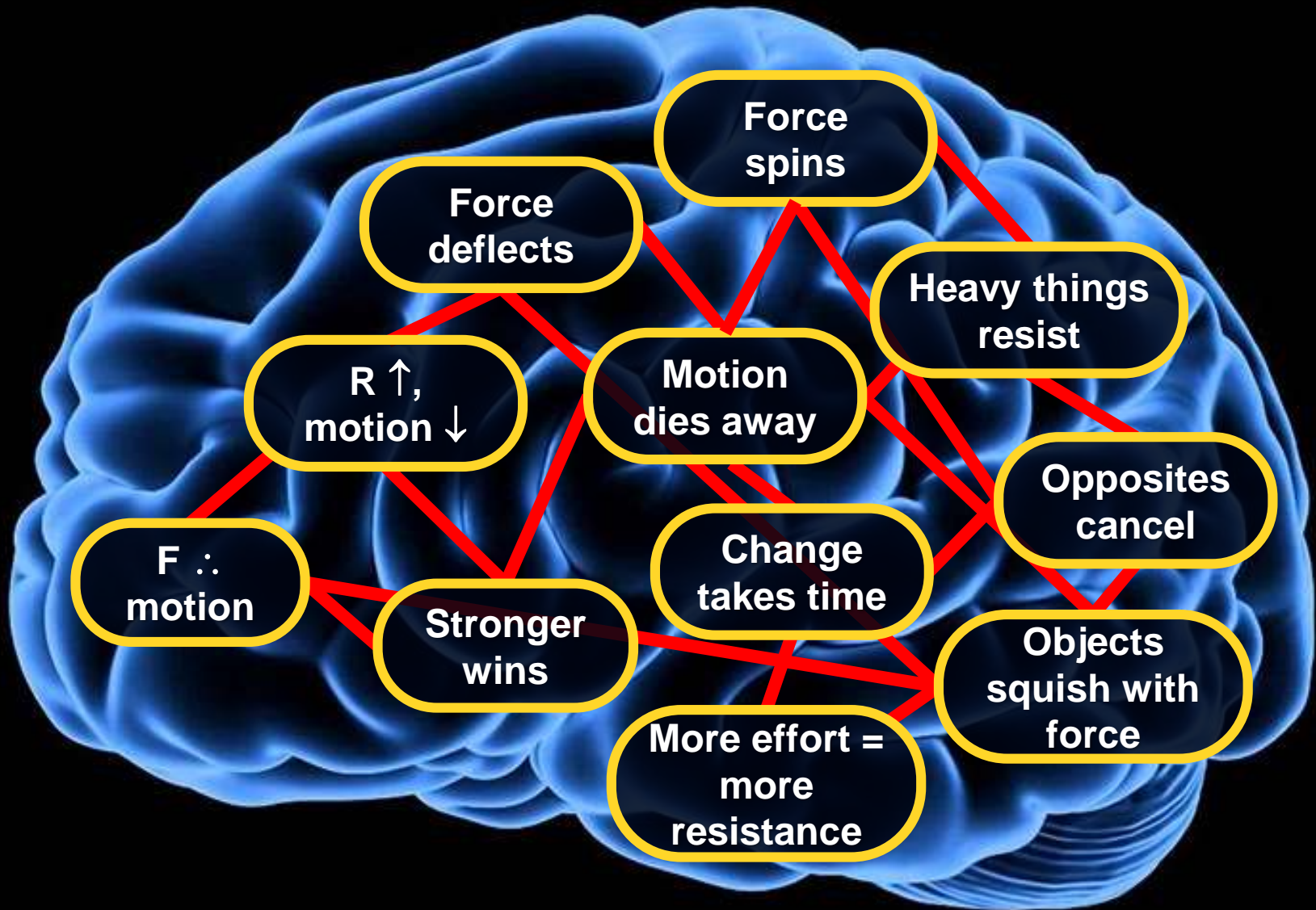
**Stronger  
influence wins**



# As we learn, connections grow



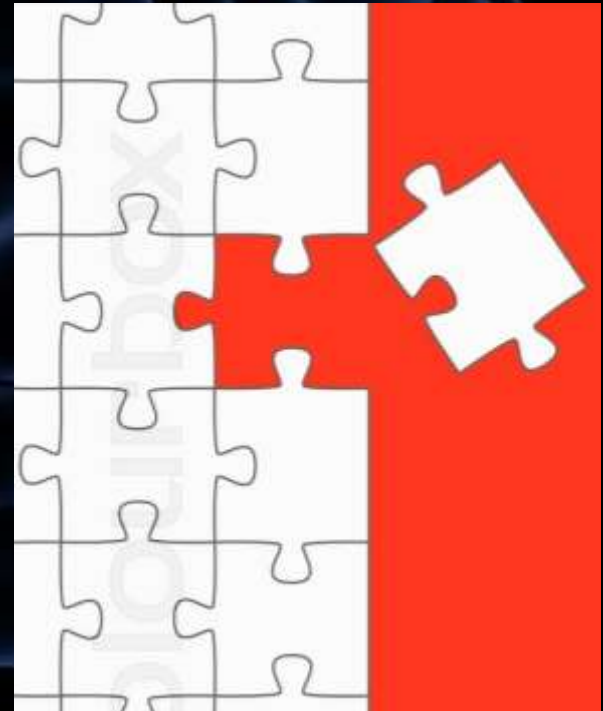
# Networks of knowledge resources form



# Prior Knowledge

We make sense of **new ideas** by making connections to our **prior knowledge**

If prior knowledge is not ready, students **cannot make use** of expert knowledge.





**Brain  
Workings**

**Emotion**

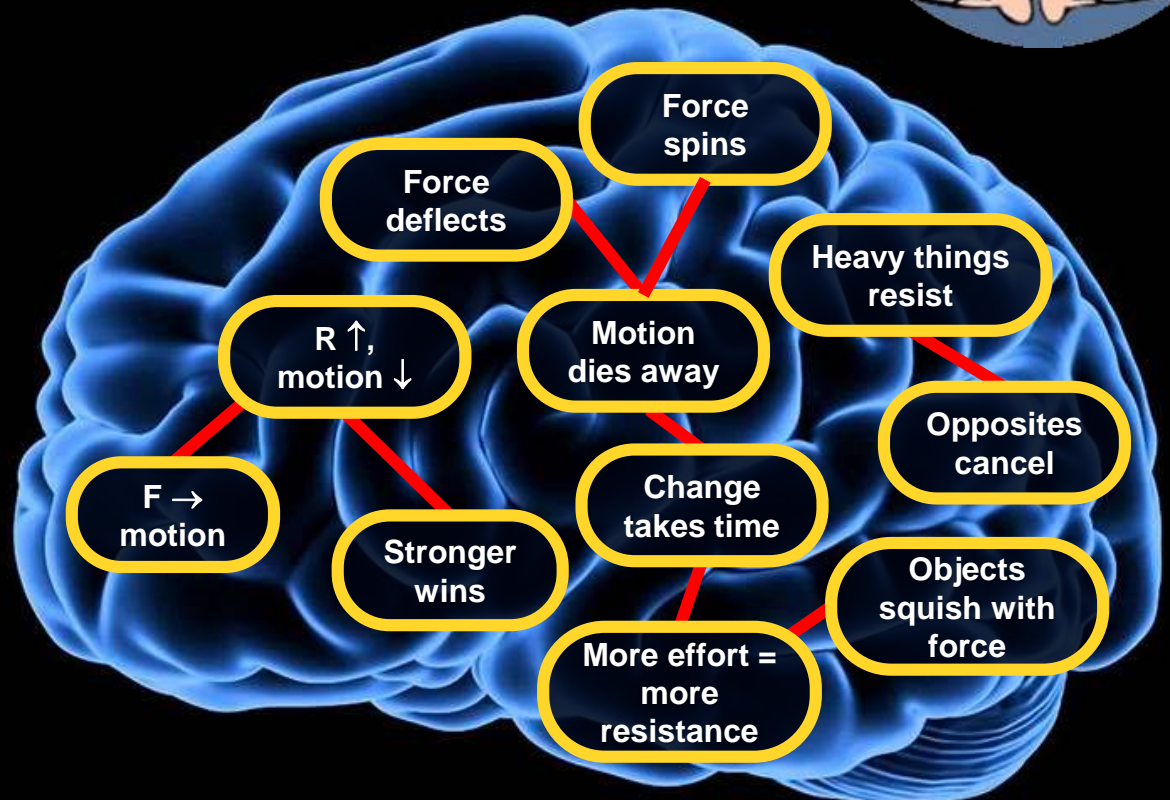
**Scientific  
Model of  
Learning**

**Prior  
Knowledge**

# The Novice



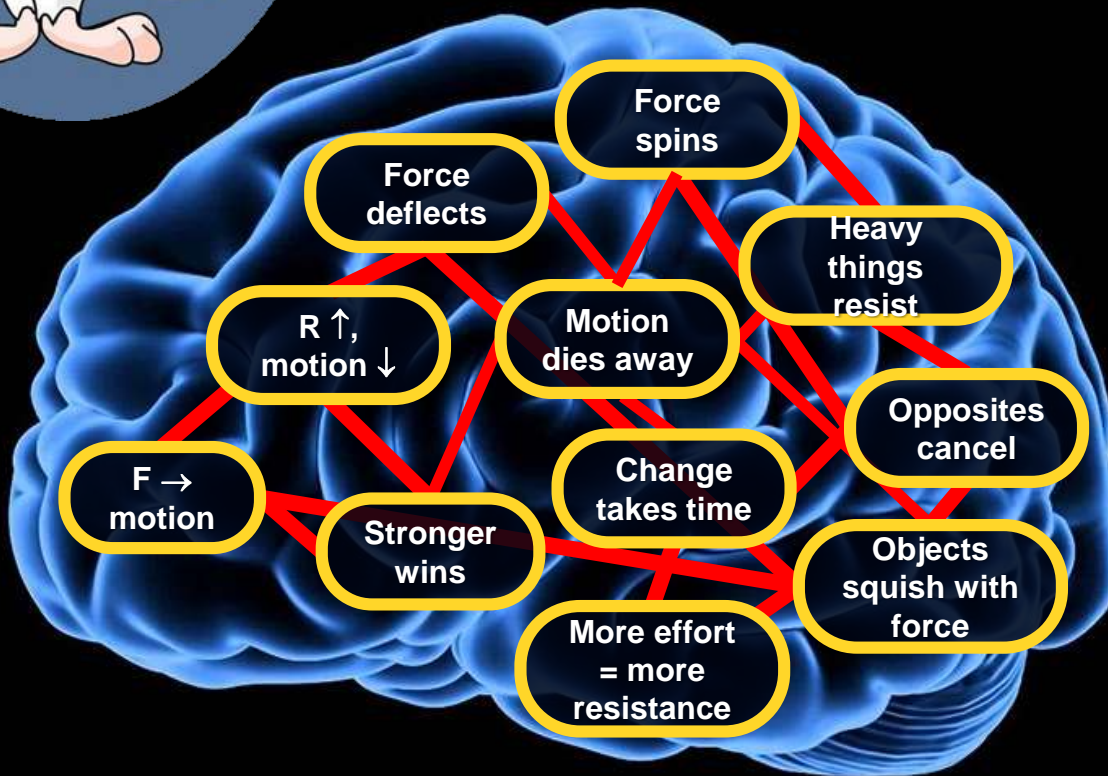
- Scientific knowledge fragmented
- Little context
- Fewer useful “hooks” to attach new ideas
- Skills are effortful





# The Expert

- Rich webs of connections
- Highly contextual
- See “big picture”
- Fluent / invisible skills





# Implications for Teaching

Students arrive in our classes  
with their brains **prewired**  
based on their  
**life experiences** and  
**prior schooling.**

# Implications for Teaching

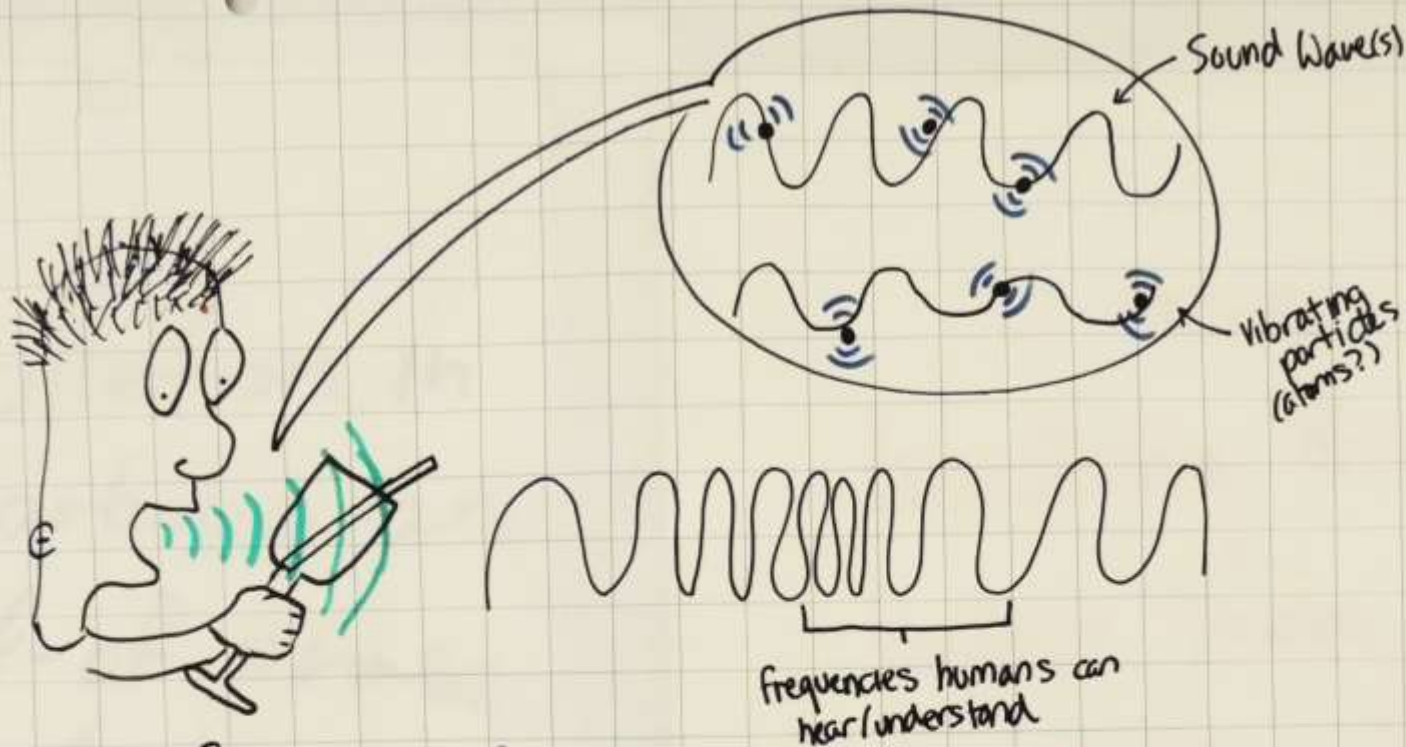
Educators must understand  
students' prior knowledge  
~~to successfully teach~~  
for students to learn.

# Activate Prior Knowledge





# Make Prior Knowledge Visible

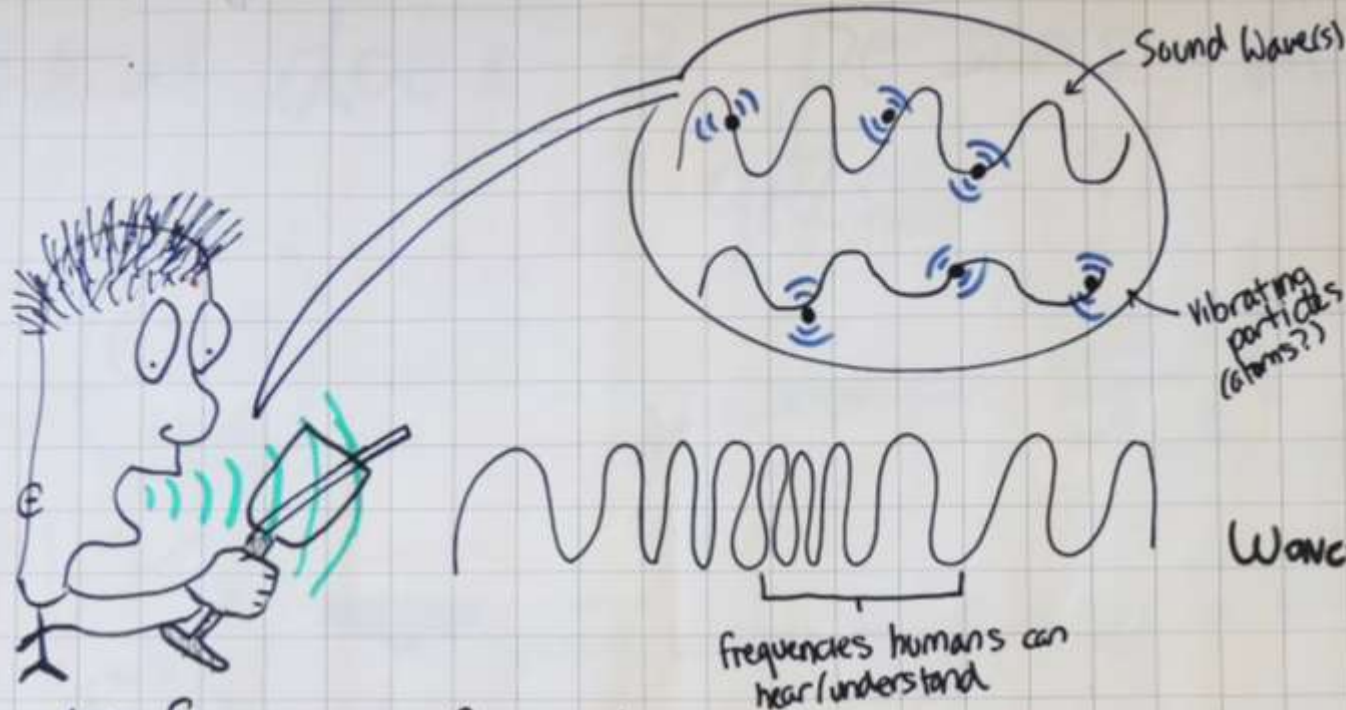


- certain frequencies of sound cause the glass to break
- sound waves interrupt "something" in the glass. ↳ (atomic bonds?)
- cause particles in glass to vibrate which (if they shake enough) can break the glass.
- particles oscillate (repeated pattern of

• Sound Waves - A sound wave is the form at which ~~humans~~ humans can interpret and understand noises at certain frequencies.

• Helps to determine the right sound frequency to break the glass

# Build on and add to knowledge



Waves - The Particles of a medium oscillate in a direction perpendicular to wave motion

- certain frequencies of sound cause the glass to break
- sound waves interrupt "something" in the glass.  $\rightarrow$  (atomic bonds?)
- cause particles in glass to oscillate which (if they shake enough) can break the glass.
- particles oscillate (repeated pattern of movement)

• Sound Waves - A sound wave is the form at which ~~humans~~ humans can interpret and understand noises at certain frequencies.

• Helps to determine the right sound  
• frequency to break the glass

straw

# Implications for Teaching

- Learning begins with students' **prior knowledge**
- An engaging **context** best activates prior knowledge



**Time for a test**

# Learn This!

$$\lrcorner = 1$$

$$\sqcup = 2$$

$$\llcorner = 3$$

$$\sqsupset = 4$$

$$\square = 5$$

$$\sqsubset = 6$$

$$\lrcorner = 7$$

$$\sqcap = 8$$

$$\sqsupset = 9$$

$$\boxplus = 0$$

# Test Time!

$$\sqsubset \sqsupset = 38$$

$$\sqcup \sqcap = 27$$

$$\square \boxplus = 40$$



# Discuss!

Discuss any patterns you find amongst the numbers and shapes.

**1:00**

Stop

$$\lrcorner = 1 \quad \sqcap = 6$$

$$\sqcup = 2 \quad \lrcorner = 7$$

$$\llcorner = 3 \quad \sqsupset = 8$$

$$\sqsupset = 4 \quad \lrcorner = 9$$

$$\square = 5 \quad \square \circ = 0$$

# The Pattern

1	2	3
4	5	6
7	8	9

# Test Time!

$$\sqcup \sqsubset = 23$$

$$\sqsupset \sqcap = 48$$

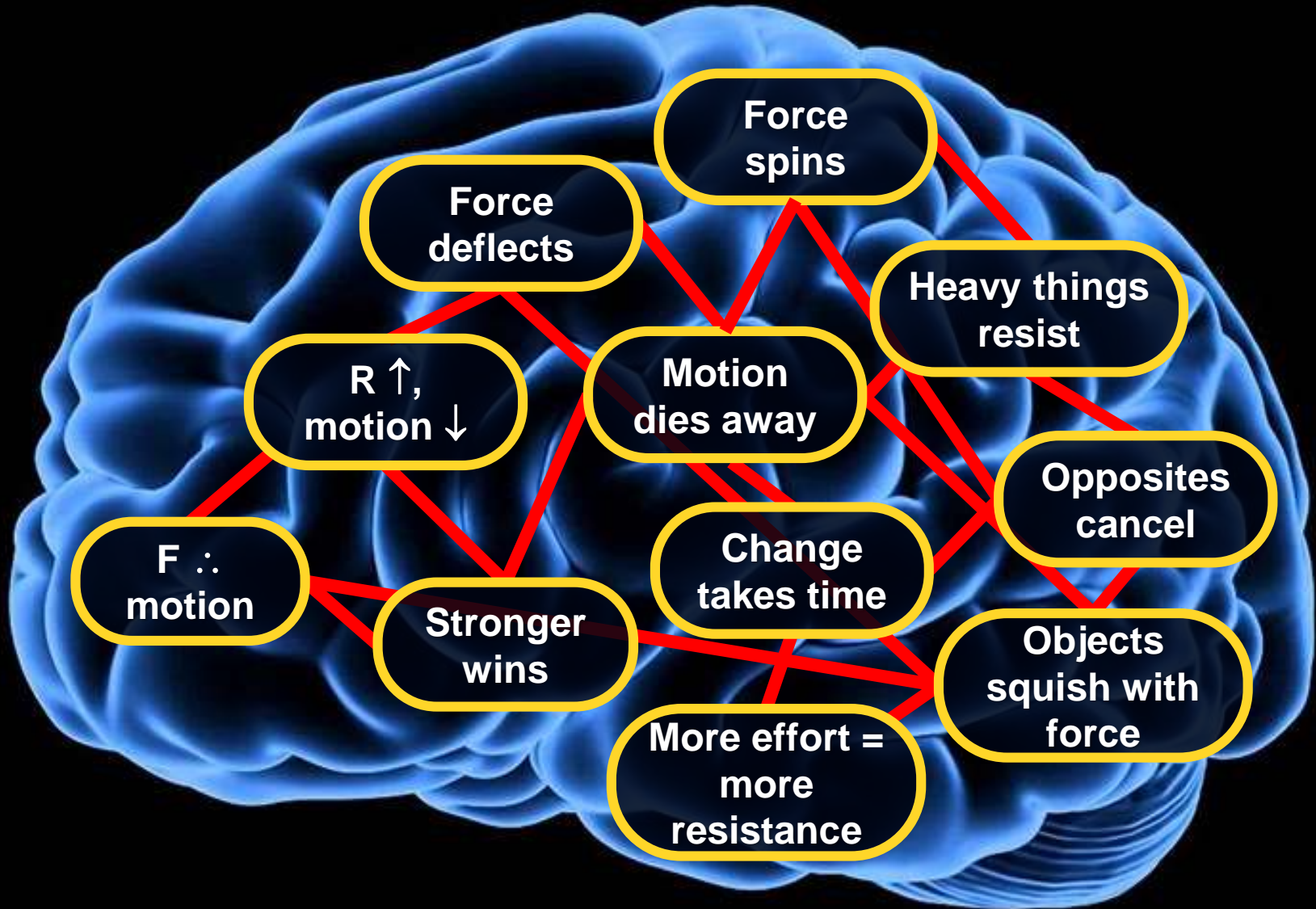
$$\sqsubset \square = 15$$



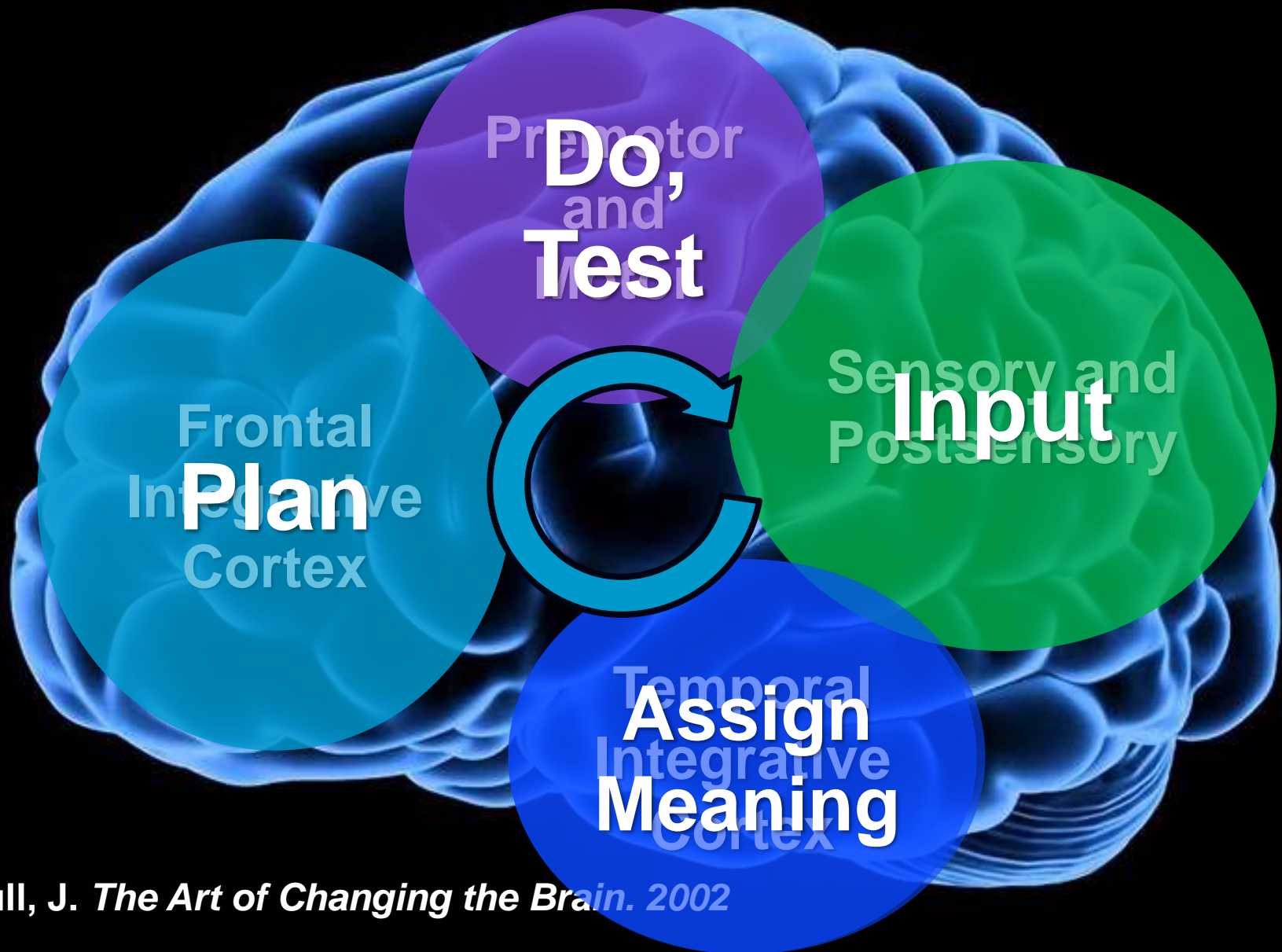
# Implications for Teaching

- Discrete facts get stored with **little processing**
- Learning really begins with **ideas** that **connect facts**

# How do you make connections?

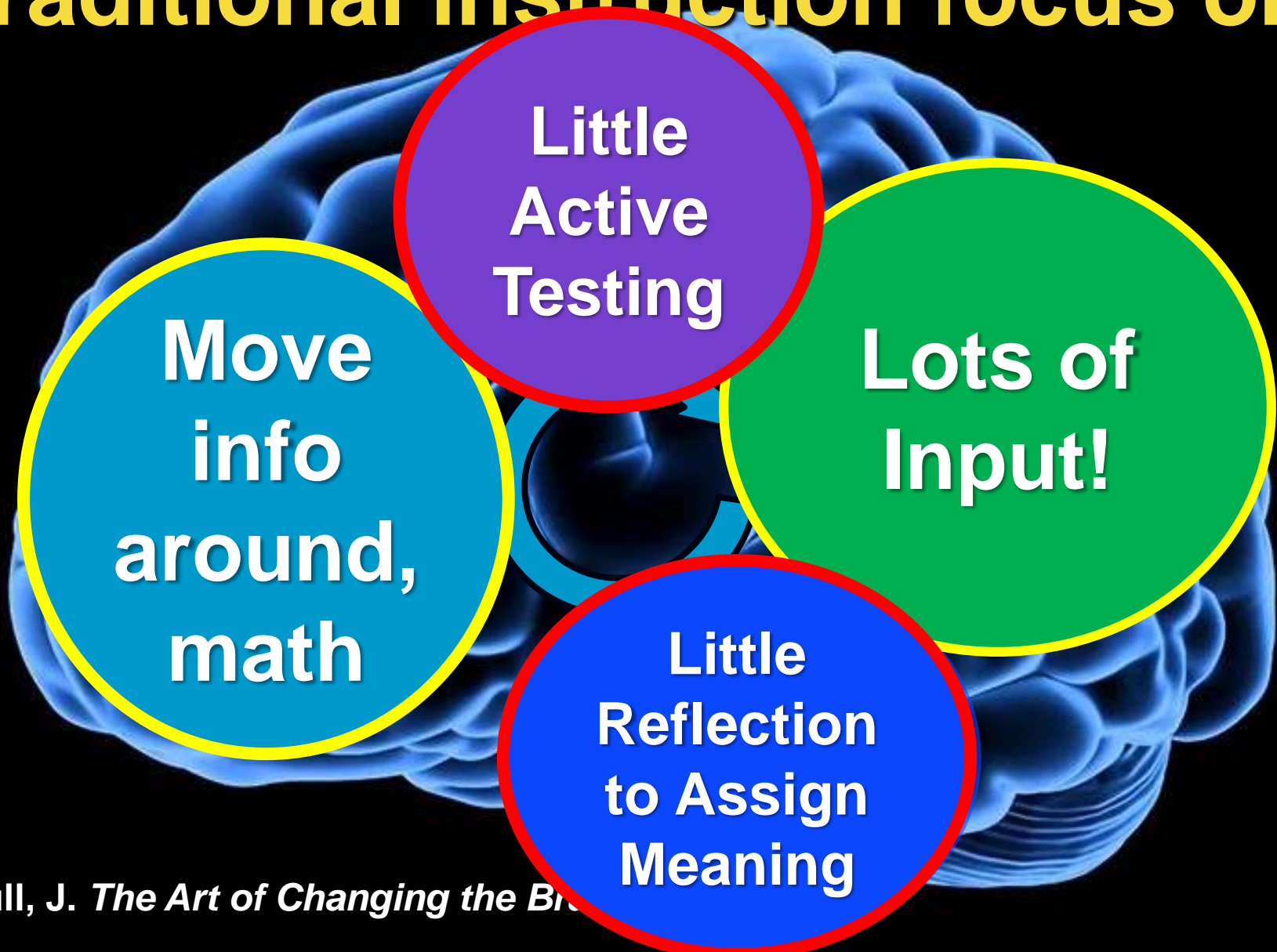


# Cognitive Learning Cycle





# Which parts of the cycle does traditional instruction focus on?



```
graph TD; A[Brain Workings] --- B[Scientific Model of Learning]; C[Emotion] --- B; D[Prior Knowledge] --- B; E[Cognitive Learning Cycle] --- B;
```

**Brain  
Workings**

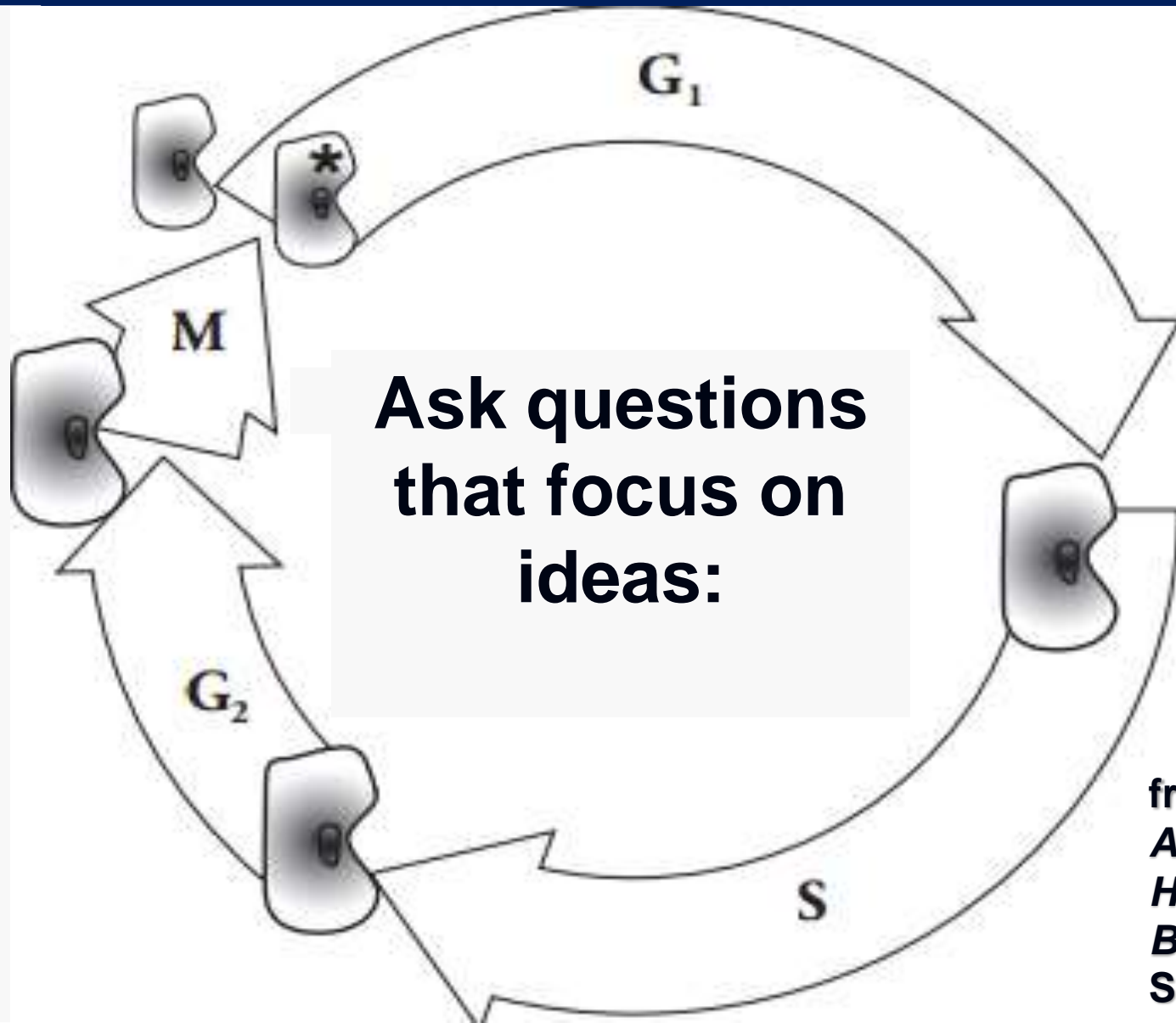
**Emotion**

**Scientific  
Model of  
Learning**

**Prior  
Knowledge**

**Cognitive  
Learning Cycle**

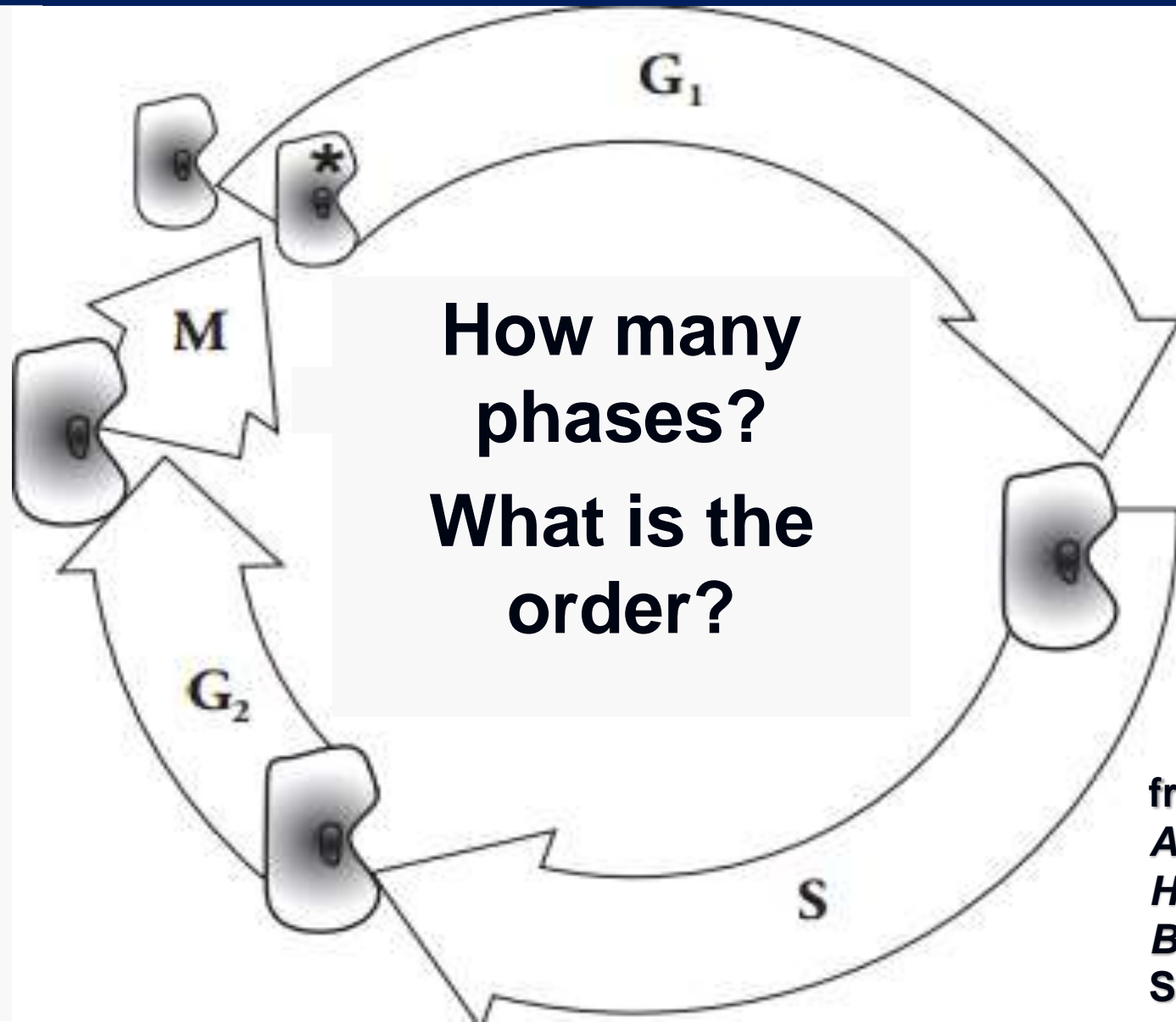
# Life Cycle of a Cell



from: *POGIL  
Activities for  
High School  
Biology*, Flinn  
Scientific Inc.

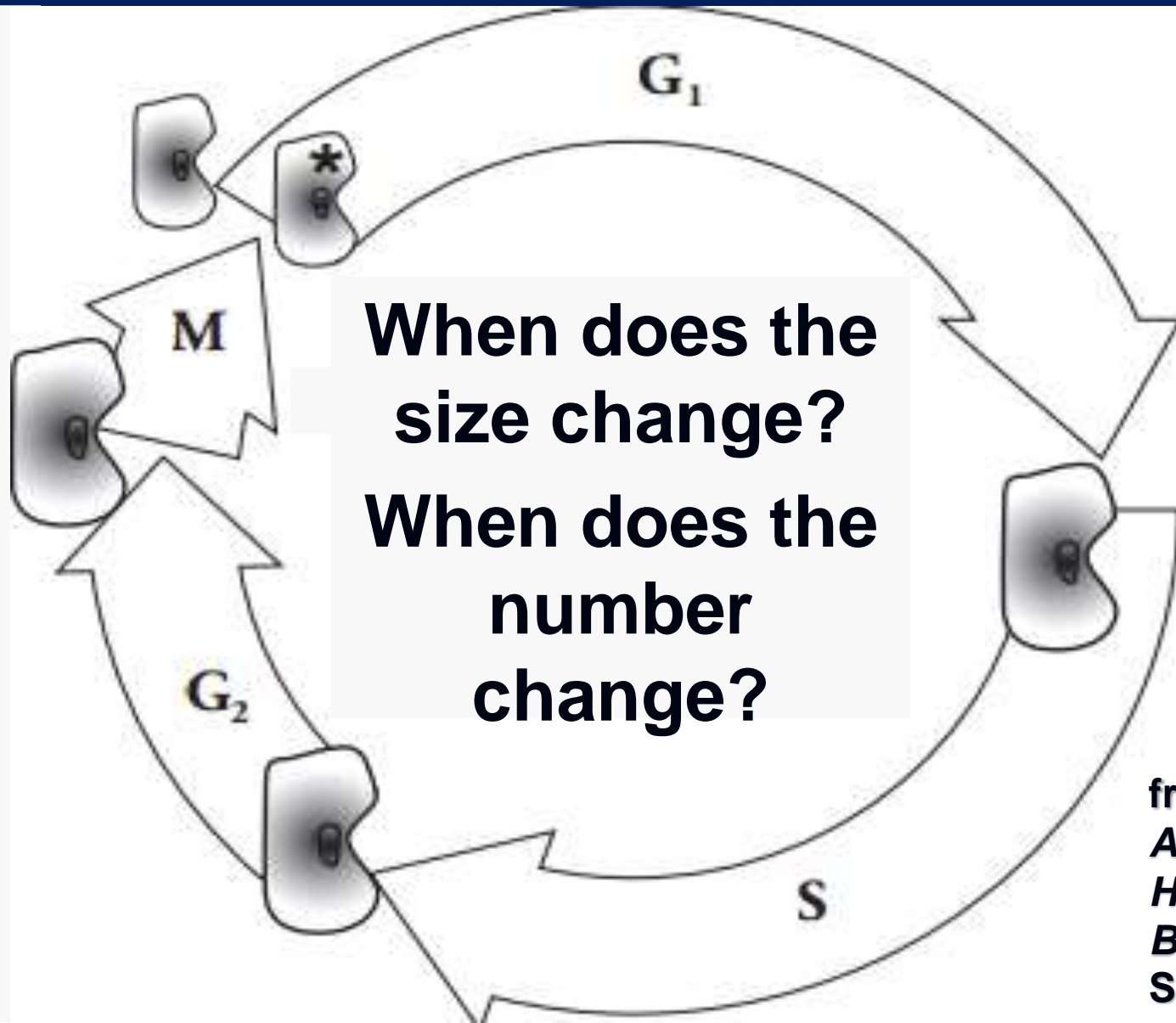


# Simple Questions



from: *POGIL  
Activities for  
High School  
Biology*, Flinn  
Scientific Inc.

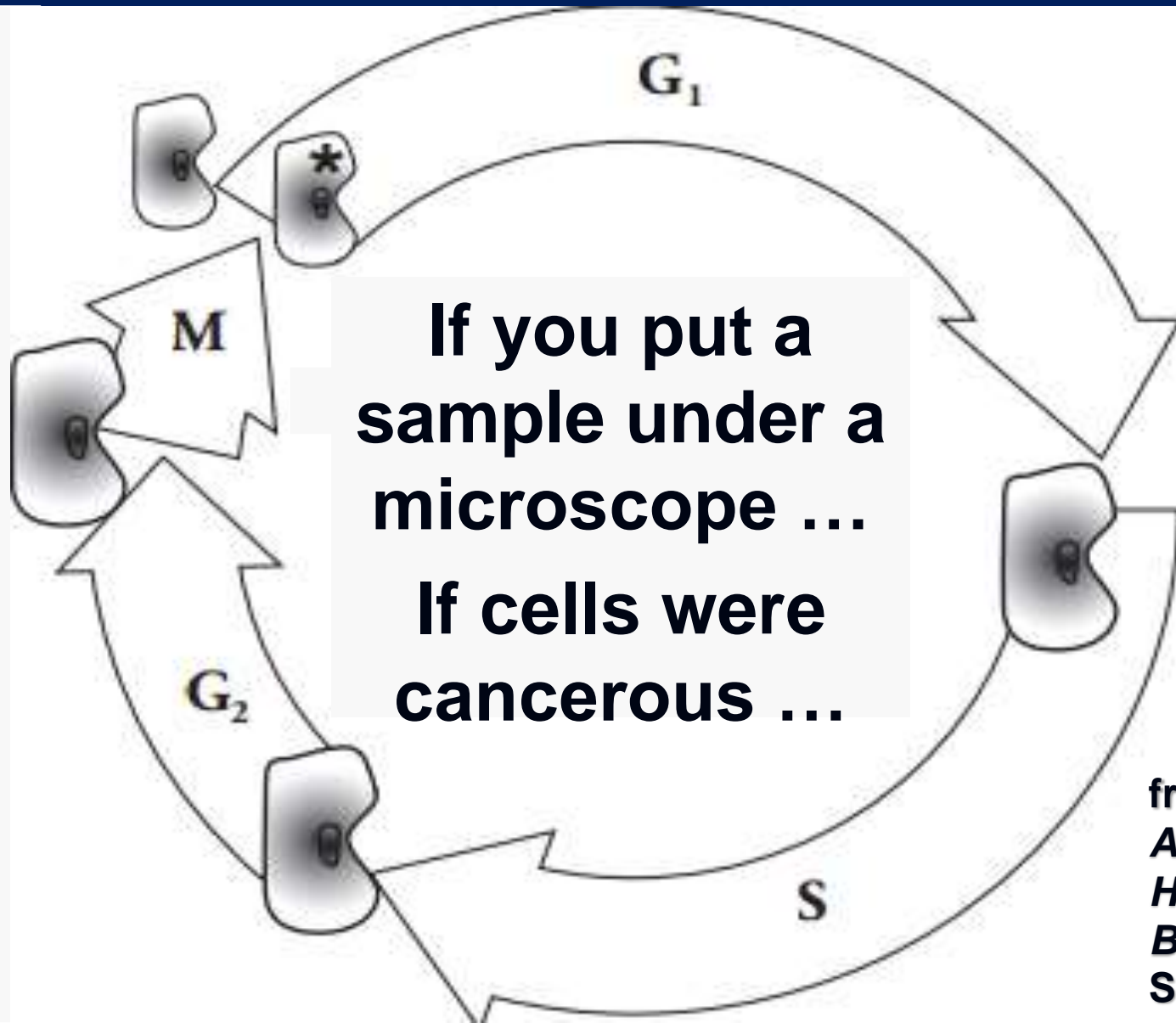
# Key Ideas



**When does the  
size change?  
When does the  
number  
change?**

from: *POGIL  
Activities for  
High School  
Biology*, Flinn  
Scientific Inc.

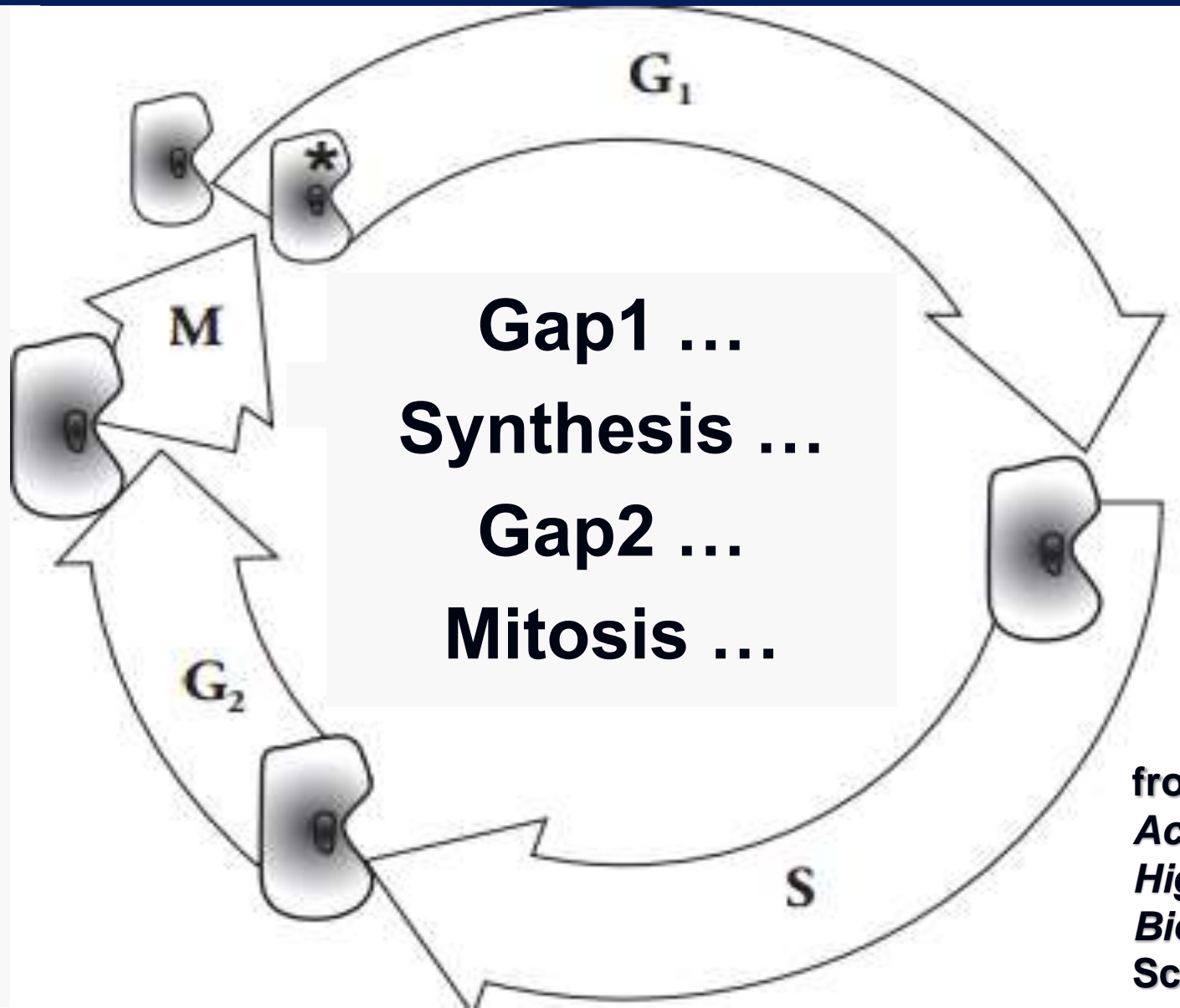
# Deeper Questions



from: *POGIL  
Activities for  
High School  
Biology*, Flinn  
Scientific Inc.



# Formalism, Labels, Facts



from: *POGIL  
Activities for  
High School  
Biology*, Flinn  
Scientific Inc.

# Cell Cycle – 4 Phases

## $G_1$ (& $G_0$ ) – S – $G_2$ - M

- *G<sub>1</sub> (Gap 1) phase*
  - characterized by resumption of bio-synthesis
  - growth and production of proteins for DNA synthesis
  - duration is highly variable
- *S phase*
  - Amount of DNA effectively doubled → cell replicates its DNA
  - Each chromosome replicated → sister chromatids

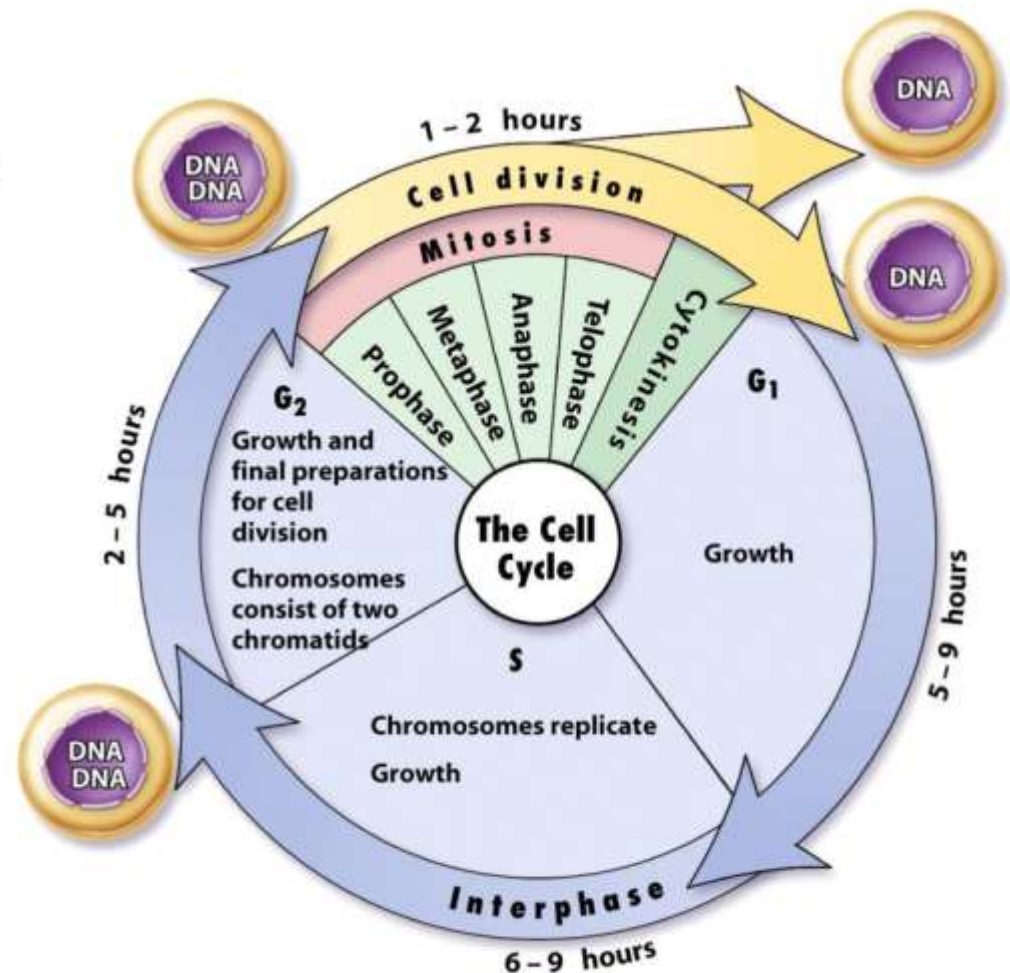


Figure 19-2 Biology of Humans, 2/e  
© 2007 Pearson Prentice Hall, Inc.

# The Zoo Exhibit Challenge



Photo by William C. Miller III, [www.theazaleaworks.com](http://www.theazaleaworks.com)  
Used with permission

Squirrel

25 cm long, 8 cm wide  
400 g



Photo by Michael Pereckas, [www.mspland.com](http://www.mspland.com)  
Used with permission

Mouse

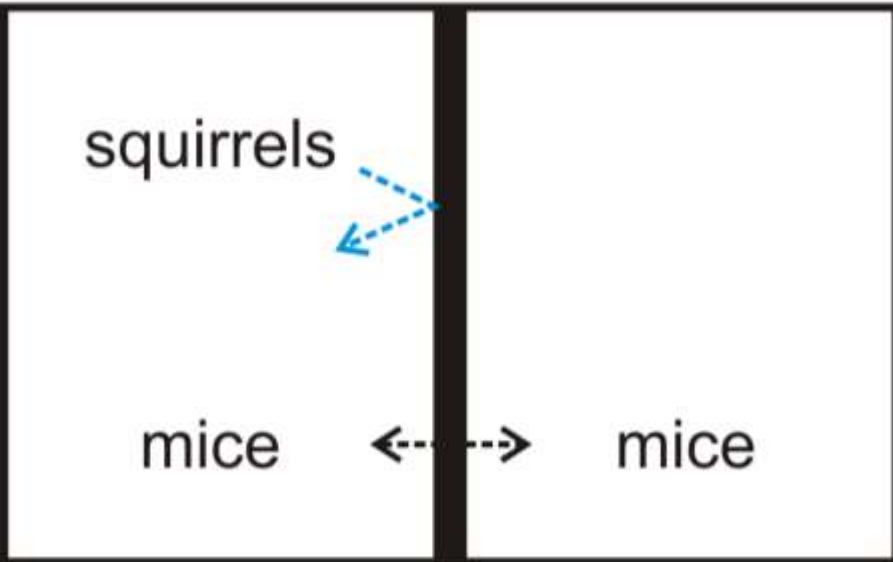
7 cm long, 2 cm wide  
20 g

From: *Invention Activities for University Cell Biology*, CWSEI at UBC

# The Zoo Exhibit Challenge

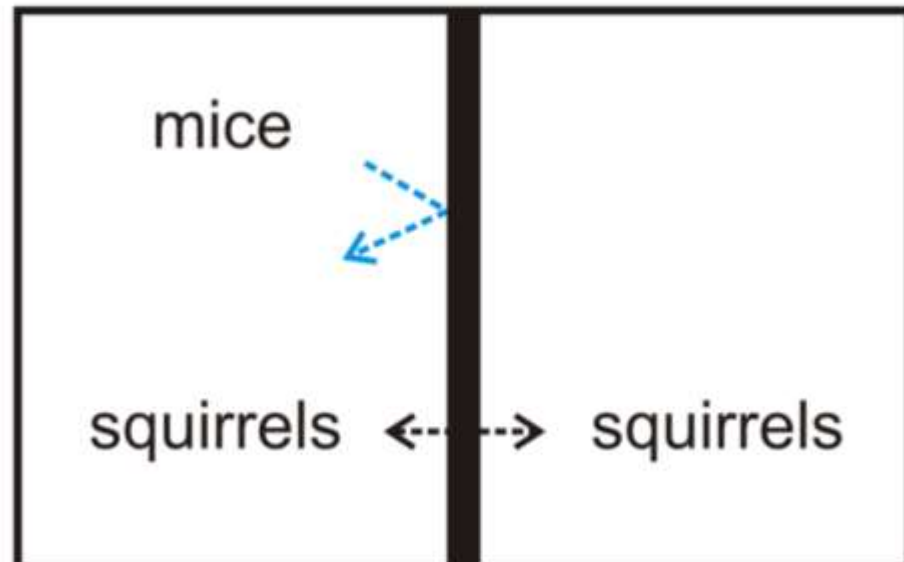
01:30

Exhibit 1



Squirrels must remain in left room.

Exhibit 2

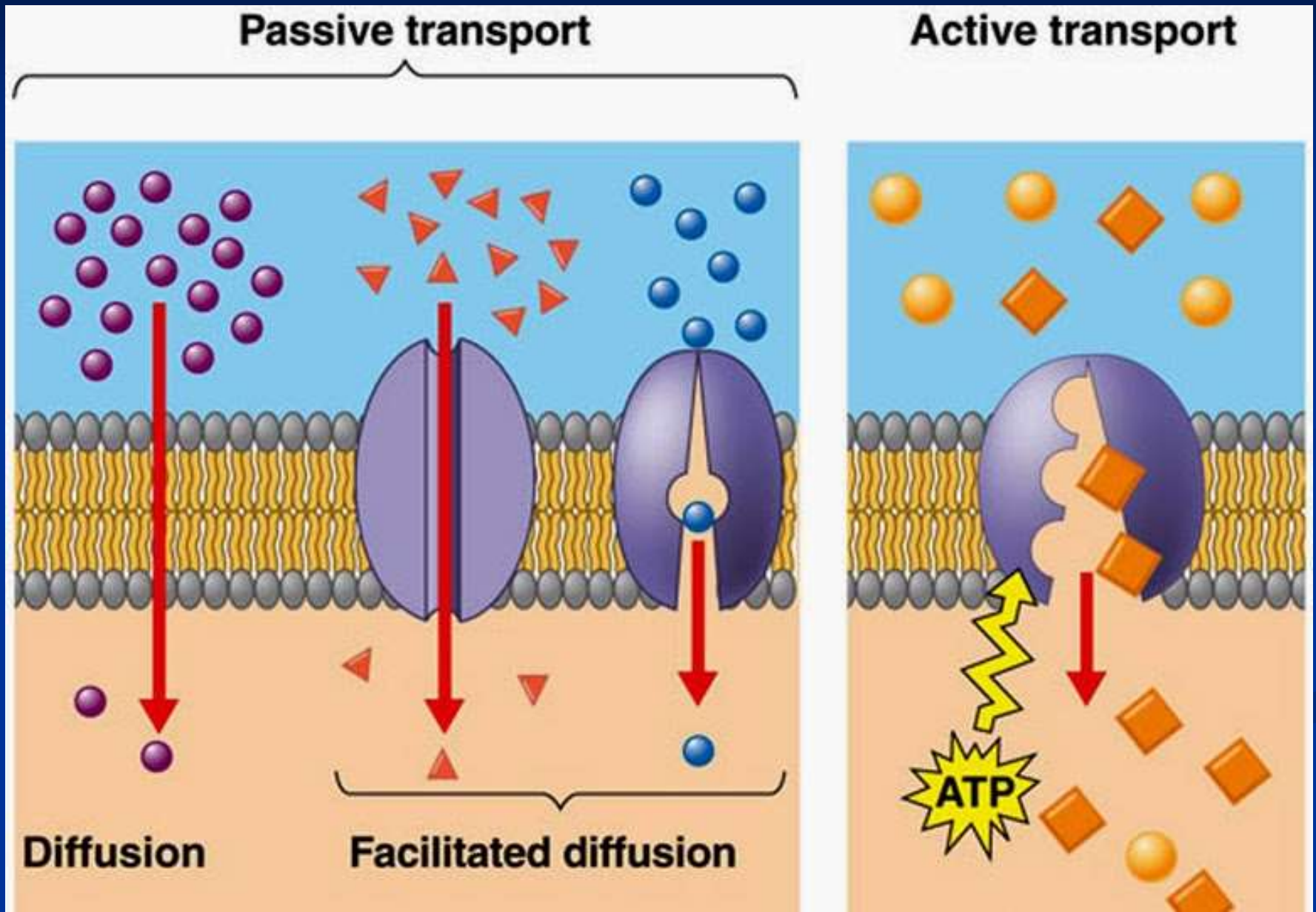


Mice must remain in left room.

- (1)** How would you build a barrier between the two halves of each exhibit?
- (2)** What science concept does this model?



# Transport Across Cell Membranes

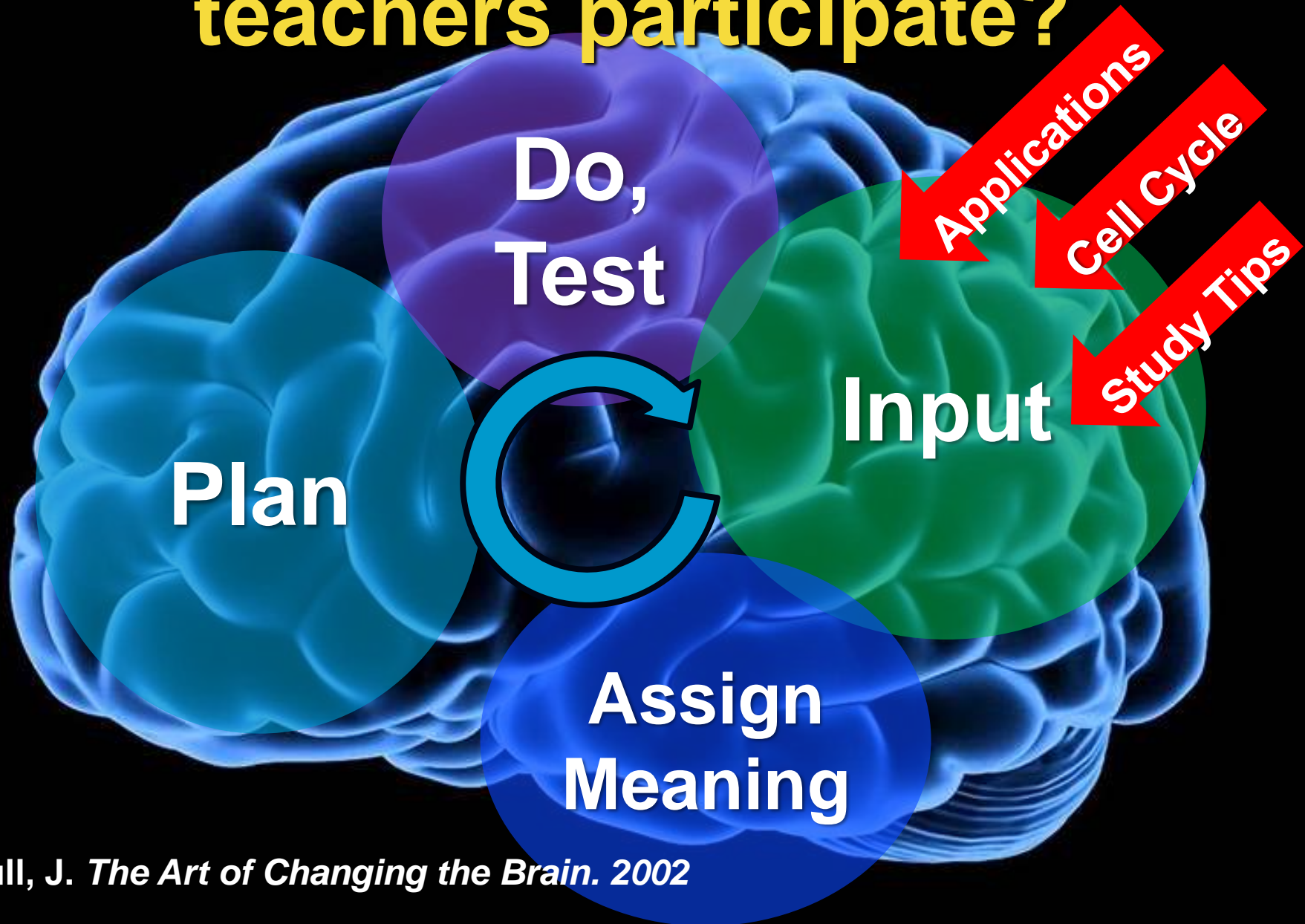


# Implications for Teaching

## Constructivism

- First: explore ideas
- Second: learn labels or facts
- Third: work out math
- **Works!** Follows cognitive learning cycle

# In which part of this cycle can teachers participate?



# Implications for Teaching

## Constructivism

- First: **students** explore ideas
- Second: learn labels or facts
- Third: work out math
- Works! Follows cognitive learning cycle



# Implications for Teaching

## Constructivism

- First: **students** explore ideas
- Second: learn labels or facts
- Third: work out math
- Works very, very well!

# Active Learning



York Mills Students



# Active Learning

Emphasizes  
discussion  
higher-order thinking  
and often involves  
group work.

Freeman, Scott, et al. "Active learning increases student performance in science, engineering, and mathematics." *Proceedings of the National Academy of Sciences* (2014): 201319030.

# York Mills Students





# Discussion!

What do you observe?

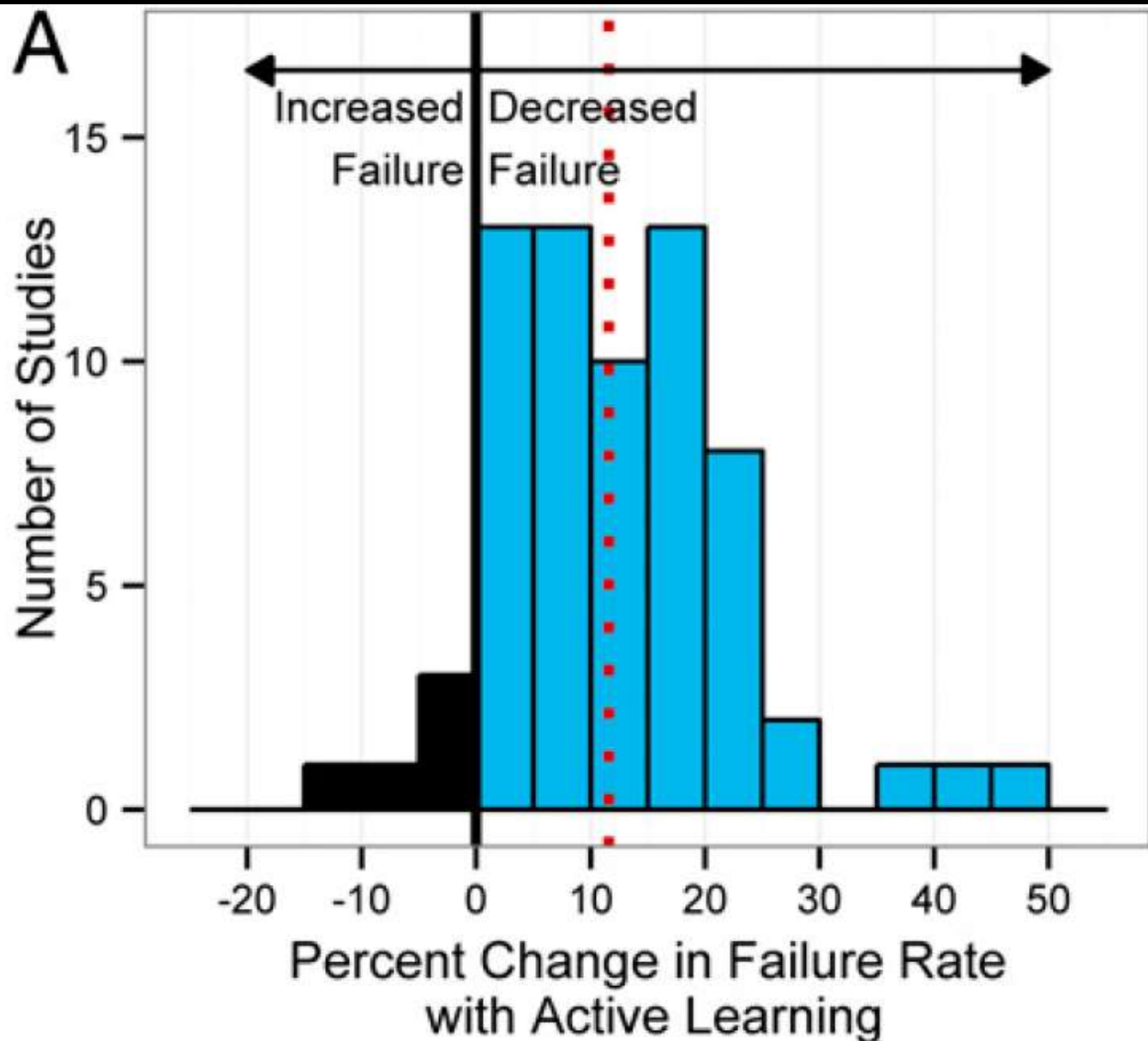
What do you infer?



1:00

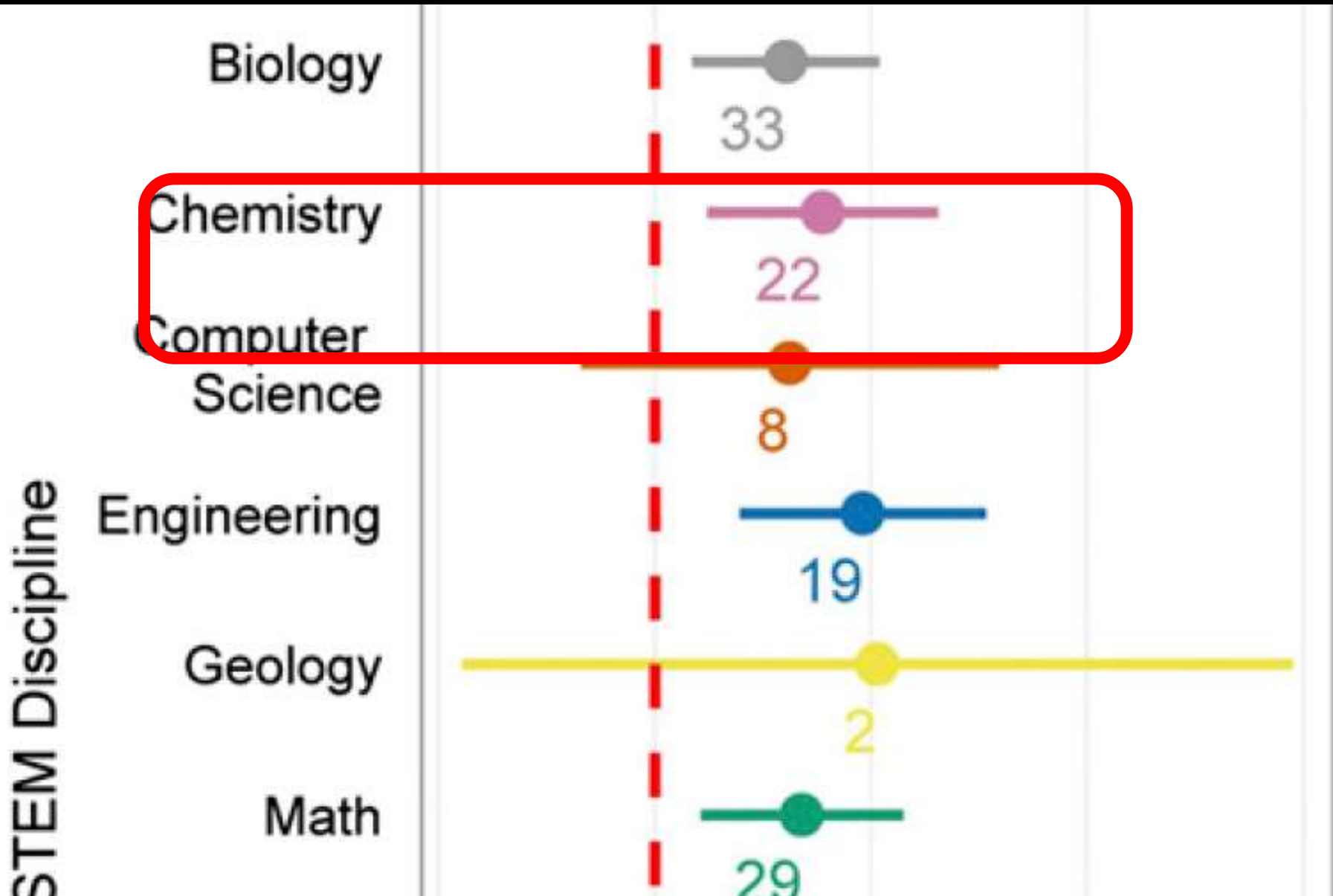
Stop

# Active Learning Reduces Failures



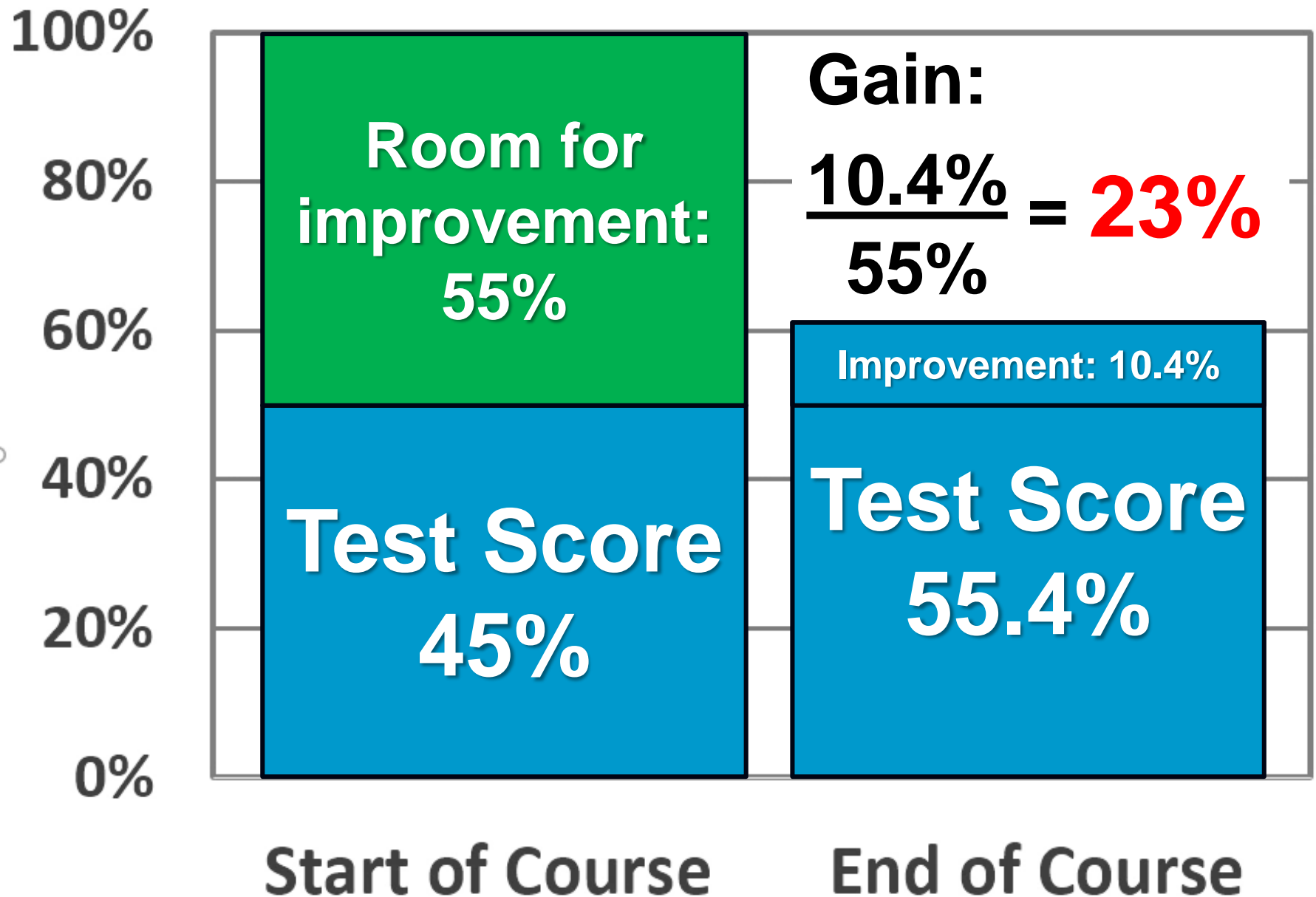
**Freeman,  
Scott, et al.  
"Active  
learning  
increases  
student  
performance in  
science,  
engineering,  
and  
mathematics."  
*Proceedings of  
the National  
Academy of  
Sciences (2014  
)*: 201319030.**

# Improves Course Performance

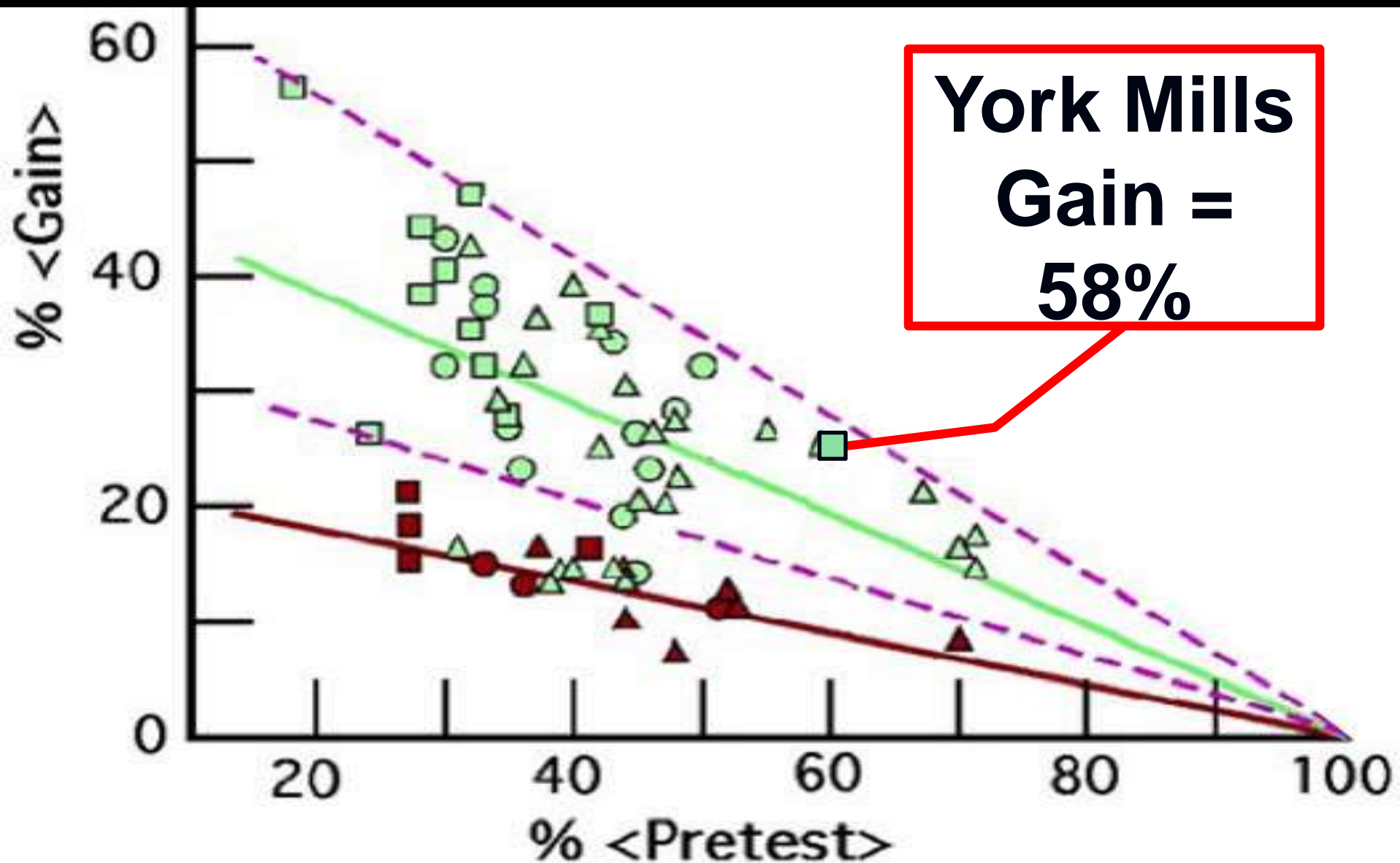




# Force Concept Inventory Scores



# Active Learning Works!



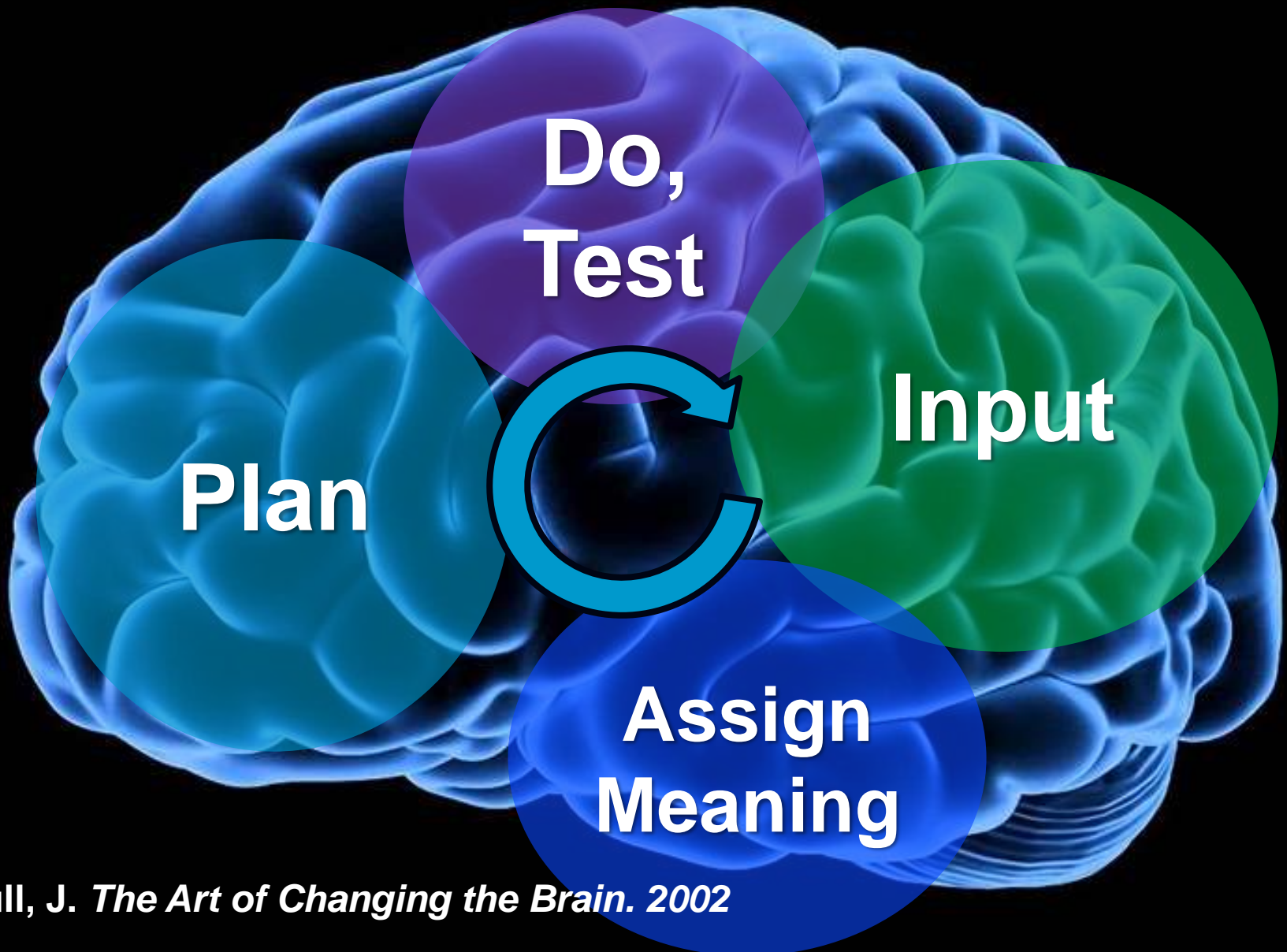
# Implications for Teaching

## Cognitive Learning Cycle

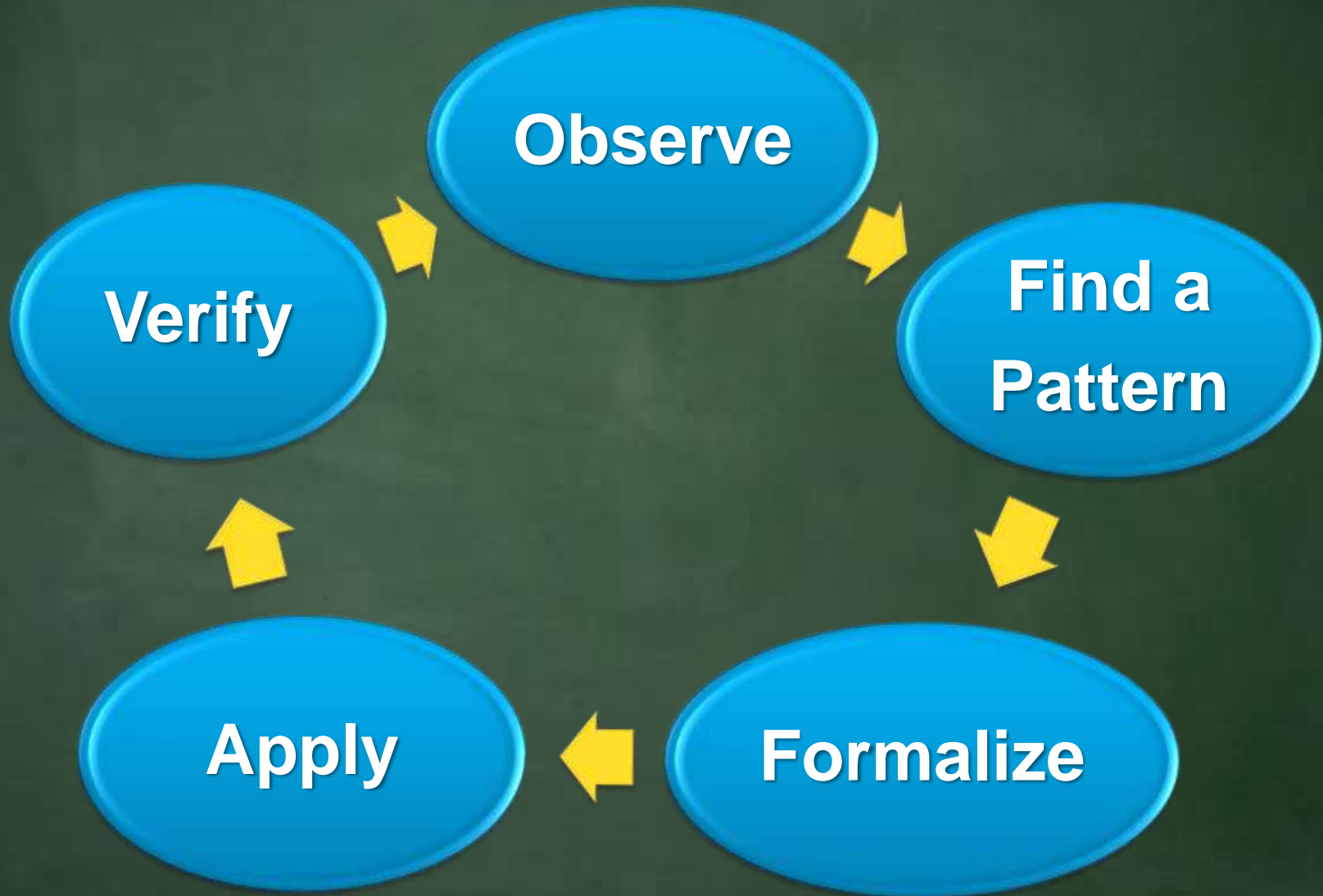
(how brains figure stuff out)



# Cognitive Learning Cycle



# An Inquiry Cycle



# Implications for Teaching

## Cognitive Learning Cycle

(how brains figure stuff out)



## Inquiry Processes

(how students figure stuff out)



## Process of Science

(how scientists figure stuff out)

# Implications for Teaching

2008

REVISED

The Ontario Curriculum  
Grades 9 and 10

## Science



reach every student

 Ontario

## Goals of the Science Program

(1) to relate science to technology, society, and the environment

Context ✓

STEM Initiative



# Implications for Teaching

2008

REVISED

The Ontario Curriculum  
Grades 9 and 10

## Science



reach every student

 Ontario

## Goals of the Science Program

(2) to develop the  
skills, strategies, and  
habits of mind  
required for scientific  
inquiry

**Inquiry** ✓

# Implications for Teaching

2008

REVISED

The Ontario Curriculum  
Grades 9 and 10

## Science



reach every student

 Ontario

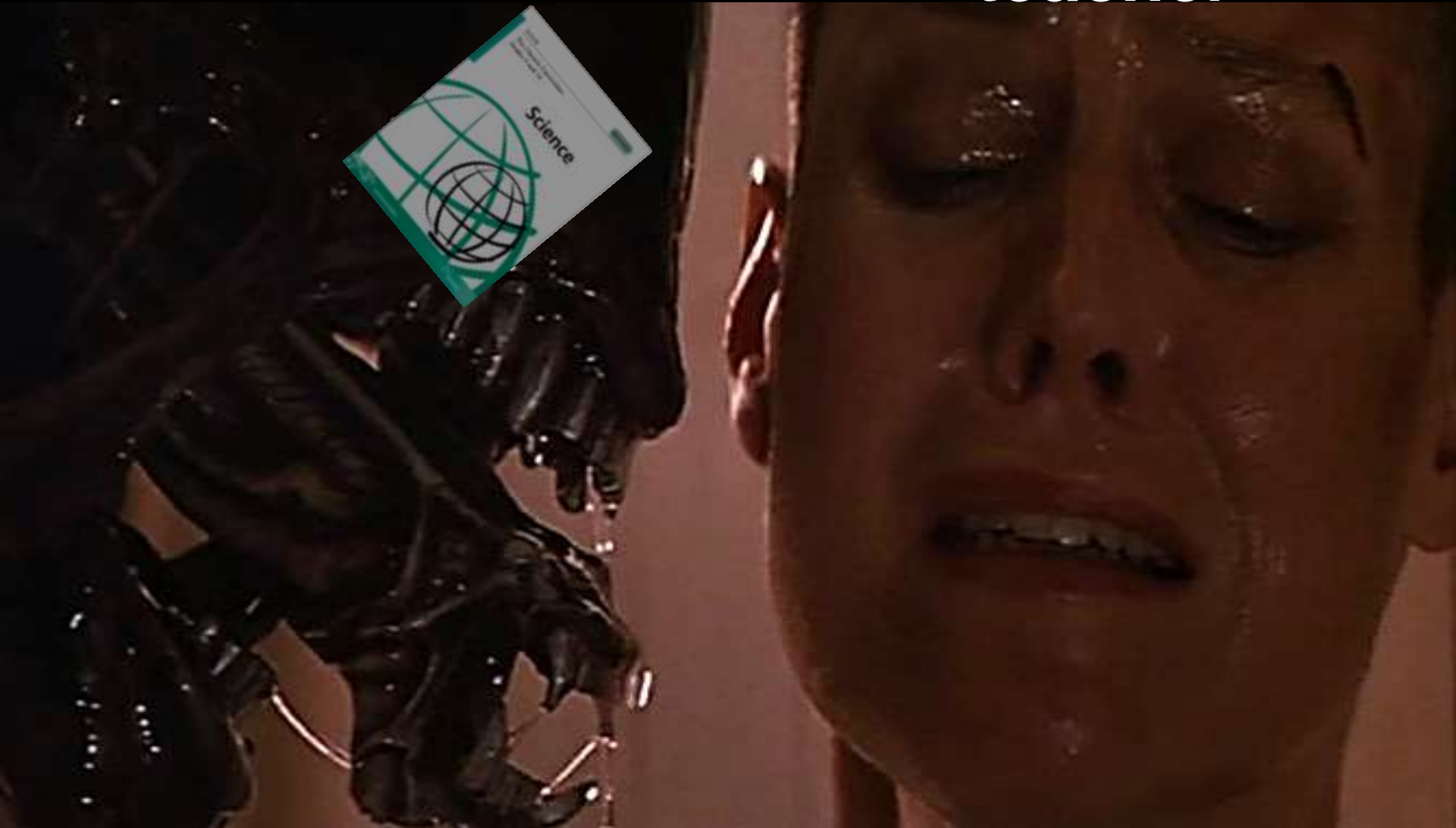
## Goals of the Science Program

(3) to understand the  
basic concepts of  
science

Learning Cycle ✓

**Curriculum**

**Well-meaning  
teacher**



# Implications for Teaching

**Inquiry takes time**

**Too many expectations**

**Skill fluency requires  
many contexts**

**Too many disjointed  
sets of skills**



# My Advice

Cover less material

Cover it **deeply**

## Evaluation of Achievement of Overall Expectations

All curriculum expectations must be accounted for in instruction, but evaluation focuses on students' achievement of the overall expectations. A student's achievement of the overall expectations is evaluated on the basis of his or her achievement of related specific expectations. The overall expectations are broad in nature, and the specific expectations define the particular content or scope of the knowledge and skills referred to in the overall expectations. Teachers will use their professional judgement to determine which specific expectations should be used to evaluate achievement of the overall expectations, and which ones will be covered in instruction and assessment (e.g., through direct observation) but not necessarily evaluated.

# Social Implications

Manufacturing Economy

Automation



Knowledge Economy

Cognitive

Machines



Future Economy?

# The Big Picture



**Scientific  
~~Teaching~~**

# The Big Picture



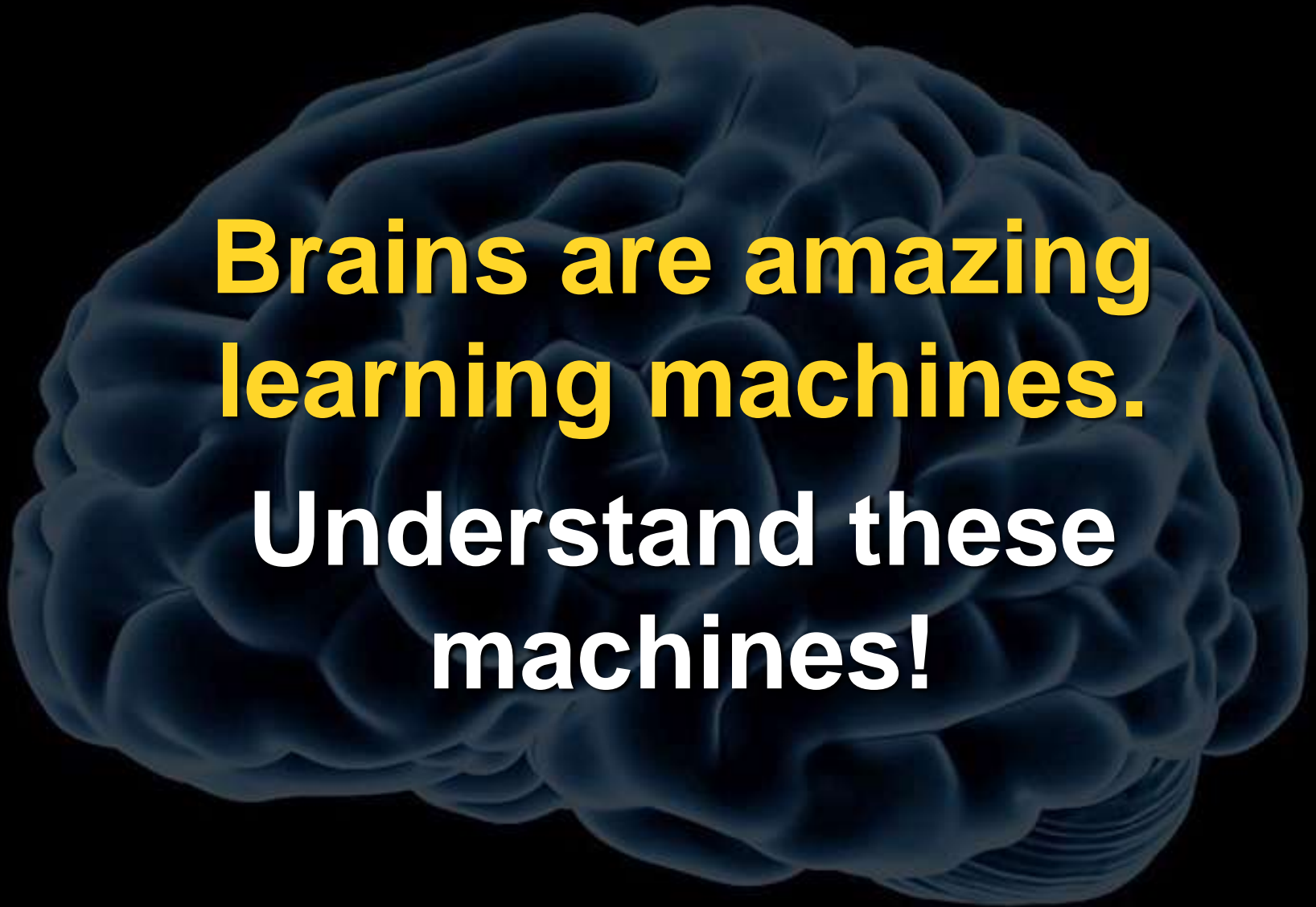
**Scientific  
Learning**



# Scientific Learning

**Brains are amazing  
learning machines.**

**Understand these  
machines!**



# Scientific Learning



**What matters most is  
what goes on in  
each student's head.**

# **Scientific Learning**

## **Brain Workings**

**Help students understand  
how their brains work**

**Design learning environment  
to maximize connection  
building**

# Scientific Learning

## Emotion

**Create a collaborative  
culture of success**

**Ground learning in  
engaging problems  
(STSE, STEM)**



# Scientific Learning

## Prior Knowledge

No empty vessels

Study prior knowledge

Help students find  
connections to what they  
already know

# Scientific Learning

## Cognitive Learning Cycle

Understanding can't be told,  
students must **build** it.

Ideas first (constructivism)

Need **many** opportunities to  
explore, test understanding

# Don't Start From Scratch!

## Reformed Physics Teaching

An Inquiry-Based, Cooperative Group Approach to Teaching Physics by Chris Meyer



### Stop Teaching!

#### and Help Your Students Learn

Hello and welcome to my website! For six years I have been running a reformed physics classroom that is designed around cooperative group work using guided-inquiry investigations. The traditional lecture has completely disappeared! This website is designed to help you learn about this method of teaching and to provide you with the materials that you might need to start teaching this way yourself.



### CBC Interview: Nobel Prize and Physics Teaching

October 6, 2015

Today the **Nobel Prize in physics** was awarded to Canadian physicist Arthur McDonald for his work on neutrino oscillations. I heard a bit

# Reformed Physics Teaching

An Inquiry-Based, Cooperative Group Approach to Teaching Physics by Chris Meyer

Making a dramatic change to your teaching can be challenging, but fear not! Here you will find the resources you need to learn how to teach the inquiry way, including the materials you will need for your students.

The **Student Workbook** contains the complete set of daily investigations. Included in the workbook is a syllabus listing each lesson, the topics covered, the materials used and homework.

Our textbook for Gr. 11 is the old Addison Wesley Physics 11 (2002). The text for Gr. 12 is the old Nelson Physics 12 (2003). I am unaware of any current texts in Ontario that would be a suitable compliment

## Resources for the Science Classroom

### **New! Gr. 11 Chemistry (SNC3U)**

Over the past few semesters, our chemistry teacher, Erik Lindala, has been creating an inquiry-based introductory chemistry course modeled after our grade 11 physics program. It has gone through a few iterations now and has a complete handbook with the lessons for the course. Many thanks to Erik for sharing this with us.

### **Gr. 11 Chemistry Student Workbook (Fall 2015)**

A complete, day-by-day, set of lesson plans and activities for the Gr. 11 chemistry course by Erik Lindala from York Mills C. I. If you try it out, please let me know how it goes!

### **Gr. 10 Science (SNC2D)**

### **Gr. 11 Physics (SPH3U)**

### **Gr. 12 Physics (SPH4U)**



# How to Teach, Inquiry-Style

## Workshops and Presentations

To download the presentation PowerPoint and handouts, click on the presentation title!

### **Scientific Teaching, Keynote Address (TDSB Eureka Science Teachers Conference, February 17, 2017)**

In this workshop, Chris shares four principles of scientific teaching: (1) understanding how the brain physically works, (2) the role of emotion, (3) students' prior knowledge, and (4) the cognitive learning cycle. To help students learn as well as possible, teachers need to create learning environments that maximize the mental connections students make with scientific ideas.

### **How Learning Works (OISE, January 30, 2017)**

In this workshop, Chris takes you on a tour of an emerging scientific model for learning. Educational research shows how three factors in humans: their emotional state, their prior knowledge, and their cognitive learning processes, all interact when we learn. Chris explores the implications of this model for teaching and provides examples from his classroom teaching.

### **Build a Better Student, Build a Better Teacher: Revolutions in Physics Education (University of Guelph Physics Department, January 24, 2017)**

#### **Build a Better Student**



We live in an exciting time for teaching physics. Over 30 years of education research by physics professionals is transforming physics teaching from a mystical art into a

# Open invitation

**Visit my classes!**

**Get in touch!**

# OAPT

**Join us at  
the physics  
teacher's  
conference!**

**All are  
welcome!**



**Conference  
2017**



**Lassonde School of Engineering: May 11-13  
Bergeron Centre for Engineering Excellence**



**Affective Physics:  
Harnessing Emotion to Improve Learning**

**#OAPT2017**

# Scientific Learning

**TDSB Eureka Conference 2017**

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**York Mills C. I., Toronto**

**[www.meyercreations.com/physics](http://www.meyercreations.com/physics)**